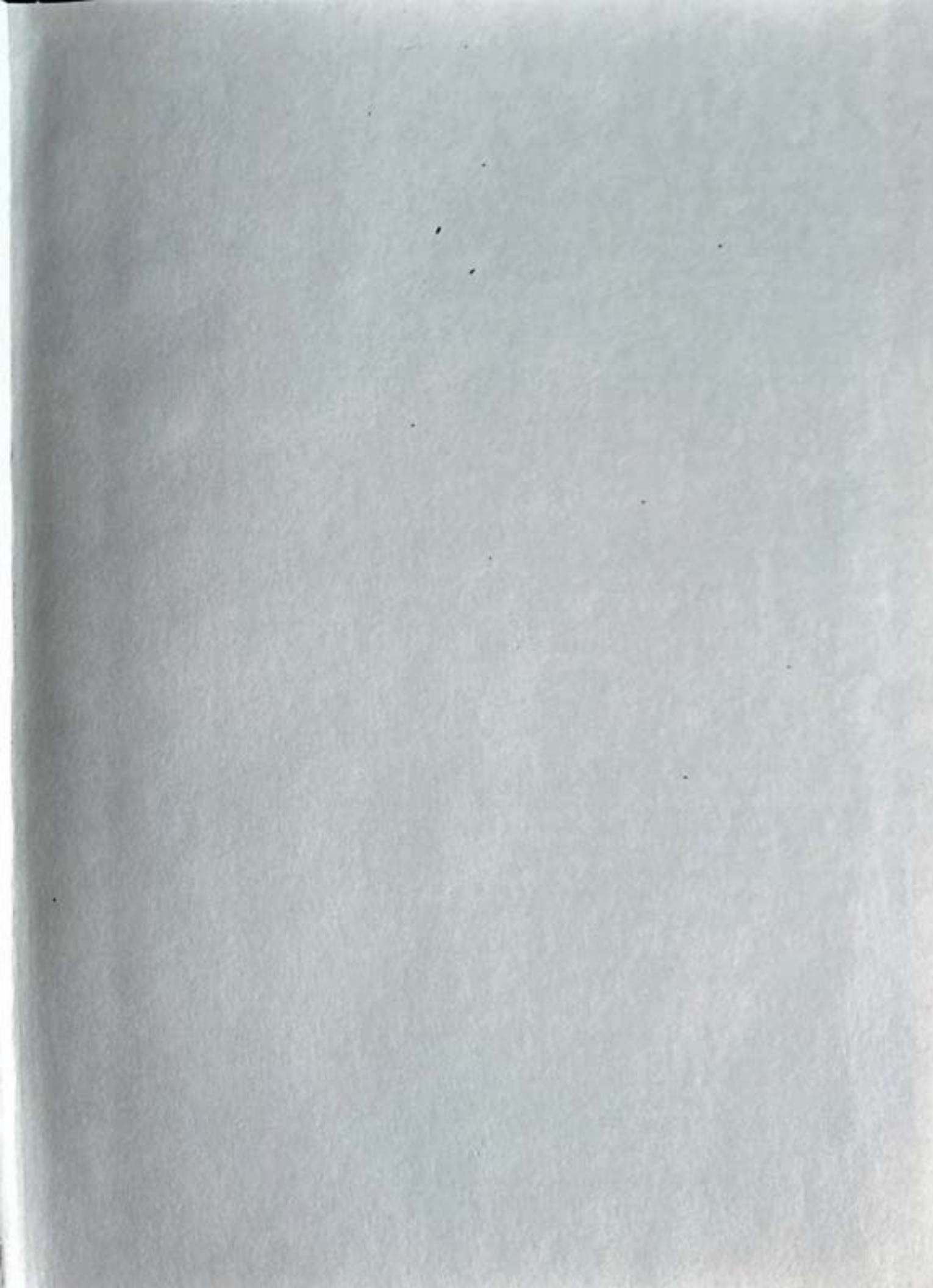
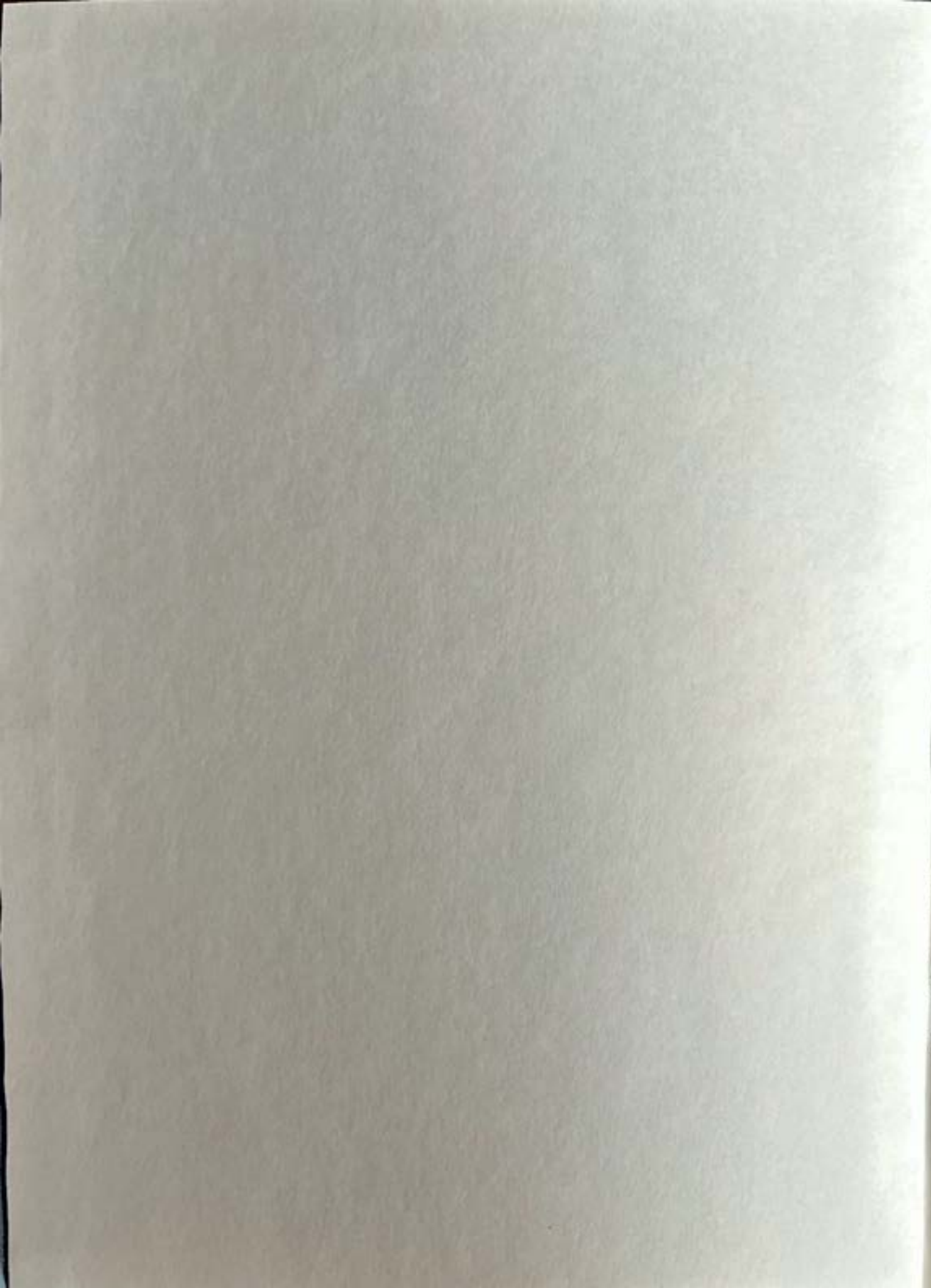




MEMORIES FROM THE HEART







ADMINISTRATION



Every graduating class has a special place in my memories of The Sacred Heart School of Montreal, but your class is particularly special because it was the last class that I had the honour of teaching. I sincerely hope that you have enjoyed your years in this school and that you will look back at the pages of this yearbook with fond memories of the friendships that you forged, the activities that you took part in, and the fact that you had the distinction of being the Class of 2000! I know that I have enjoyed interacting with each and every one of you, whether it be in the classroom, in the halls, on the volleyball court or even if you were "invited" to my office to discuss something. I would like to leave you with the following words for thought "The whole art of teaching is only the art of awakening the natural curiosity of young minds for the purpose of satisfying it afterwards" (Anatole France).

*Peter Kousik
Director of Studies*

Dear Graduates,

Congratulations and Good Luck to the Class of 2000. My hope is that this memory book will be filled with fond memories of your years here. Know what you want as you move on and work hard to obtain it. Maintain a sense of humour and a sense of who you are. Live every day as though it is your last. *I will miss you. With much love- R.D.T.*

*Rosanne Del Torto
Director of students*



To the Graduating Class of 2000

Yours is the class which is graduating at the start of the new century! This will be quite a moment as you go forward to the next stage in your education. You will leave behind an institution which is stronger for having had your presence and whenever you return to visit, you will find an inherent warmth within the building, reminiscent of your days walking and interacting with your friends in the corridors and attending classes with a caring faculty. Take with you the strong values of a Sacred Heart education and make all of us, the faculty, staff and administration, proud of your achievements, in your particular fields of endeavour. Congratulations, good luck and God bless.

*Abid Salman
Business Administrator*

Dear Graduates,

May I take this opportunity to welcome you as new Alumnae of the Sacred Heart and as members of the international organisation, CASHA. As you leave here we hope you will find new ways to continue your relationship with the school and with each other. It is my wish that you will be able to add further value for those who follow you by involving yourself with these organisations and to keep the spirit of the school alive within you. All involved with Alumnae Relations hope that we will be of service to you in the future.

*Don Belec
Director of Development and Public Relations.*



FACULTY

1999-2000



Ms. Carmen Antonini



Mme Marie-France Arnaud



Ms. Irene Arseneault



Mrs. Maureen Barnes



Ms. Natalie Bichsel



Mrs. Joann Brues



Mrs. Lynne Cochrane,
Department Head



Mrs. Dawn Cummins,
Department Head



Miss Aruna de Mello



Mme Christiane de Sainte Marie



Mrs. Jean Filipovich,
Department Head



Ms. Mary Gendron



Ms. Ann Giles



Mme Catherine Habachi,
Department Head



Mr. Paul Hammett



Mr. Peter Judson



Mrs. Judy Klugerman



Mr. Fernando Kucher



Mrs. Sukhi Kular,
Department Head



Mr. Martin Laperle



Ms. Roxanne Martel,
Department Head



Ms. Joanne Mastro,
Department Head



Ms. Sandy O'Neill



Mrs. Frances Plante



Miss Patricia Potter,
Department Head



M. Emmanuel Soret



Mme Mary Stamkos



Ms. Jean Thomas,
Department Head



Mrs. Jane Wilson,
Department Head



Mlle Kendal Young



Mrs. Kathy McNally



Happy Birthday!

STAFF



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Mr. Nadim Bahou



Ms. Maria Carneiro



Mrs. Margaret Crow



Ms. Nina Di Palma



Ms. Fran Lakatos



Ms. Joan MacLellan



Mrs. Judy Racher

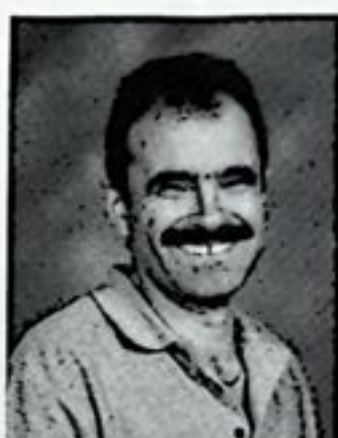
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Mr. Daniel Boyer



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Mr. Jose Filipe



Mr. Yvon Guilbault



Mr. Lucien Lamouche



Mr. Stéphane Rousseau



Mrs. Daisy Troi



SPIRIT 1



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Julia Talajic



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BARAT:

Jessica Ianni

DIGBY:

Melissa Maricuso

DUCHESNE:

Jessica Jekkel

DUKOUSIER:

Angela Alberga

HARDEY:

Christine Saykalv

SHELDON:

Jennifer Cholette

STUART:

Jocelyne Bustamante

TRINCANO:

Carloyn McMahon



CLASS OF 2004



Secondary 1A

Class Representative: Stephanie Coull



Aguilar, Martha Nancy
Bensadoun, Dominique
Brunelle, Nicole
Carré, Elise
Casella, Liana
Chawla, Tanya



Corsillo, Maria-Cristina
Coull, Stephanie
Daniell, Bianca
Farah, Justine
Ferretti Gallon, Jenika
Fournier-Tombs, Myriam



Fridman, Candice
Giammaria, Alicia Ann
Ianni, Gillian
Interdonato, Laura
Nanouris, Elizabeth
Napolitano, Nancy



Pazzia, Katia
Reda, Dana-Jay
Roy, Caroline
Simon, Briel
Snell, Margaret
Vecchio, Amanda



Zakem, Andrea

Secondary IB

Class Representative: Catherine Bornasal

Aiken, Laura
Al-Roubaie, Sarah
Bornasal, Catherine
Bruce, Halina
Burkhar, Khandro Richo
Cadieux, Michelle



Ciamarro, Elissa
Conca, Amanda
D'Souza, Patricia
Doroshenko, Alexandra
Hamilton, Pamela
Hammer, Teedah



Lee Larivée, Emélie
Mc Bain, Jessica Lee
Mc Mahon, Mary-Katherine
Nicolopoulos, Constantina
Pakis, Alexandra
Pansera, Adriana



Piazza, Pina
Rizzo, Christina
Santos, Deidra-Ann
Stavro, Katherine
Taraborelli, Christie
Vannelli, Laura



Yokenderan, Keyinsha



Secondary IC

Class Representative: Vanessa Lombardi



Baig, Sofia
Brossard, Sarah Jane
Cami, Natasha
Chan, Emily
Charron, Stephanie
Clarke, Bethea Grace



Cook, Carris
Derkevorkian, Lara
Elvidge, Amanda
Henderson, Sara
Howard Emily
Lombardi, Vanessa



Marton, Jennifer
Mc Comber, Ara
Melikoff, Natalie
Morris, Ashley
Ortiz Reyes, Brenda Alejandra
Pausova, Veronika



Pertugia, Maria Vanessa
Porraccio, Tiffany
Rizzo, Natasha
Sew, Jessica
Stacey, Ashley
Tsalikis, Natasha Kathryne



Zakem, Laura
Zimanyi, Lisa



CLASS OF 2003



Secondary IIA

Class Representative: Alexandra Crevier



Anber, Lydia
Aquino, Tania
Cadieux, Gabrielle
Cori-Manocchio, Vanessa
Crevier, Alexandra
D'Ascanio, Christine



Di Giandomenico, Cynthia
Di Giandomenico, Sabrina
Fernandes, Catherine
Fook Chong, Anne Marie
Forlini, Rita
Hatzihristidis, Teri Caroline



Koufos, Kathleen
Kushnir, Natalie
Lai, Stephanie
Lantosh, Elisabeth
Lee, Sacha
McDonough, Alys



Menon-Charet, Alia
Parry, Amanda
Quesnel, Elyse
Rath, Meaghan
Tabakian, Nanor
Teixeira-Crisostomo, Sophia



Tiseo, Erica
Zakem, Christina

Secondary IIB

Class Representative: Tara Wong

Barile, Amanda
Biscotti, Elizabeth
Bobak, Kristine
Chan, Christine Ka Hing
Cholette, Emily
Courey, Claudine

DeRosa, Amanda
Di Cori, Alexandra
Di Leo, Ivana Costanza
Duffy, Kaitlin Louise
Esposito, Alyssa
Finn, Jaclyn

Laszchuck, Natasha
Layden, Christine
Lee, Angela
MacKenzie, Marilyn
Malone, Meagan
Masella, Aviva

Peronace, Diana
Pertugia, Melanie
Reyes, Lailani Joy
Rotondo, Pamela
Sauro, Christina
Sharma, Anuradha

Siao Vee Sin, Natasha
Wong, Tara



Secondary IIC

Class Representative: Celia Lombardi



Boucher-Hammaker, Rebecca
Calabretta, Kathryn
Cerulli, Emma
Colonnello, Sabrina
Del Torto, Olivia
Evans, Catherine



Forgues, Natasha
Fraschetti, Karina
French-Bourgeois, Laura
Gikas, Peggy
Hammer, Alicia
Hatzithomas, Evelyn



Leone, Liana
Lombardi, Celia
Mazzanti, Amanda
Pelonis, Vivian
Pertugia, Genevieve
Poduval, Radhika



Protopoulos, Sophia
Townsend, Nancy
Trifiro, Serena
Troli, Alicia
Varano, Amanda
Vriniotis, Georgia



Zullo, Sarah

CLASS OF 2002



Secondary IIIA

Class Representative: Cecilia Menghini



Adam, Blair
Aulakh, Simrin
Bider-Hall, Claire
Buerkle-Shirlitzin, Sabine
Clarke, Vanessa
Cross, Alexandra

Eldvidge, Jennifer
Fournier-Tombs, Iona
Gerarduzzi, Claudia
Guy, Jacalyn
Henderson, Lisa Marie
Joseph, Summer-Marie

Kyres, Poulcheria
Liberian, Roubina
Malo, Jennifer
Maurel, Stéphanie
Menghini, Maria Cecilia
Pollock, Clare

Ratheenthiran, Sharlini
Religa, Sonia
Sargisson, Amelia
Sew, Wing Yeng Lisa
Townsend Heather
Tucker, Erika Zana

Secondary IIIB

Class Representative: Stephanie Markarian

Adam, Alexandra
Arvanitakis, Nicole
Castelino, Tanya Derewecka
De Souza, Alexandra
Eberwein, Kassandra
Garufi, Sabrina



Getsios, Christina
Greenaway, Kelly
Hankins-Palmer, Althaea
Harasymowycz, Raissa
Hatzihristidis, Anna Christina
Henriques, Erica



Khan, Aisha
Kishfy, Catherine
Lawrence, Lydia
Little, Christina
Markarian, Stephanie
Murrell, Kylene Antoinette



O'Donnell, Erin
O'Brien, Katharine
Reda, Tanya
Religa, Cathy
Sabaratnam, Baminee
Sacco, Laura



Weekes, Arianne
Woszyk, Magda



Secondary III C

Class Representative: Clarissa De Souza



Aguilar, Cindy
Antunes-Alves, Sara
Barnabe, Alexandra
Boone, Chloe
Bourassa, Evelyne
Cavaleri, Amanda

Cianci, Melisa
Cook, Tricia
De Souza, Clarissa
Fazzari, Cynthia Ann
Hanna, Valerie
Kemerer, Sarah

Kuskowski, Anna
Lam-Heung-Ko, Natasha
Miller, Kimberly Ann
Quinto, Melissa
Robinson, Meagan
Rusnak, Maryann

Savage, Erin
Schumacher, Natasia Lara
Shanker, Neelu
Simeone, Stefania
Srikandarajah, Luxmiea
Stote, Christine Elizabeth

CLASS OF 2001



Secondary IVA

Class Representative: Alessandra Pansera



Abdelhay, Kelly Ann
Al-Aissa, Naila
Azar, Tania
Bellemare, Madeleine
Caruso, Valeria Francesca
Charron, Lindsay



Di Niro, Elisabetta
Di Tommaso, Melissa
Gillis, Angela-Catherine
Laurin, Emilie
Lombardi, Cynthia
Mandilaras, Victoria



Martinez Gondra, Maria Carolina
Naami, Amanda
Ng Ying Kin, Laura
Nicol, Christine
Pansera, Alessandra
Pascalle, Stephanie



Pereira, Manoji
Sample, Jill
Sanchini, Laura
Tuvida, Josee Ria

Secondary IVB

Class Representative: Helen Arceyut-Frixione

Ahluwalia, Arveen
Arceyut Frixione, Helen
Battah, Pamela
Bergname, Lana
Brooks, Meredith Ann
Colabella, Melisa



Craig, Kelly
Di Bello, Elisa
Ferguson, Tasia
Foliri, Chiara
Gahunia, Parmal Kaur
Grana, Allison



Hicks, Jennifer
Leone, Laura
Leroux, Cynthia
Miedzybrodzki, Magda
Pereira, Carina
Sejean, Jennifer



Tardio, Natacha
Tardio, Vanessa
Tesseris Jennifer
- Wong, Jessica



Secondary IVC

Class Representative: Katherine Sullivan



Brassard, Olivia
Conca, Tania
De Cristofano, Sabrina
Dufort, Danielle
Hacikyaner, Caroline Anais
Han, Catherine Li-Ping



Khan, Emaan
Lange, Kristen
Luccisano, Myriam
Maloni, Priya
Parayno, Jane Frances
Perri, Romina



Potvin, Kathryn Liane
Say, Mi Li
Shaikh, Paras
Snell, Catherine Frances
Sudarshan, Monisha
Sullivan, Katherine



Tan, Linda
Tran, Christine Minh



Jessica Abbey



Julia Ahlgren



Angela Alberga



Megan Armitage



Jennifer



Mariena Bono



Karme Tsedon Burkhar



Jocelyne Bustamante



Stephanie Caprara



Paul



Jennifer Cholette



Georgia Chronopoulos



Giulia Ciavaglia



Kareena Coelho



Jenny



Melissa Coussa Charley



Sarah Doig



Stephanie Embriaco



Julia Fazzari



Kaliti Ferra



Eleanore Fournier-Tombs



Marie Lena Frey



Alejandra Ganem-Cuenca



Jennifer Gardner



Nadia G.



Tamisha Harris



Melissa Herico



Jessica Ianni



Jessica Jekkel



Anna Kamateros



Tania Suk Yin Knoo



Rae Kishfy



Lisa Marie Knowlton



Elizabeth Labrie



Caroline Lai



Joey Little



Karen Lo



Mira-Lyn Lu



Melissa Mancuso



Victoria Mannion



Christina Maselli



Gabrielle Masse



Carolyn McMahon



Elizabeth Mow



Ashley Mullin



Stephanie Murphy



Thuy-Lan Nguyen



Michelle Oaten



Marta Lina Olynyk -
Lucich



Hazel Paginado



Cristina Piscuneri



Meghan Pollok



Nadia Primiani



Kimberly Reis



Craig



Melissa Salvati



Anna Sarkissian



Christine Saykaly



Rebecca Schaffer



Lora



Miranda Stavrides-Ed



Julia Talajic



Liana Tassone



Angela To



Judy



Ginger Yee



Vera Maria Zisis

Secondary Five Baby Pictures...



Most Likely To...

- Jessica Abbey: redo every Q92 hit in the ugliest voice possible.
 Julia Ahlgren: move to Sweden with Marty after a Remembrance Day.
 Angela Alberga: spaz herself to death.
 Megan Jane Armitage: move to Hawaii and surf for the rest of her life.
 Jennifer Berry: get caught doing the butterfly by a teacher then go home to her best friend/roommate Felicity.
 Veronica Bagdoo: take up boxing and beat Oscar de la Hoya.
 Marilena Bono: become the fashion princess of the universe.
 Karma Tsedon Burkhar: be the next Tsongtsen Ganpo.
 Jocelyne Bustamante: become the Rock's wife.
 Stephanie Caprara: become the next Shania Twain.
 Pauline Chan: buy out all the pens in the world.
 Jennifer Cholette: master the art of break-dancing and interpretive dance.
 Georgia Chronopoulos: follow in Stefano Dimera's footsteps and abduct her idol, Steve Yzerman.
 Giulia Ciavaglia: marry her high school sweetheart.
 Kareena Coelho: become the world's most famous dance therapist/holisticulturist.
 Jinny Conte: meet every celebrity possible and be the 2nd girl goalie to play in the NHL.
 Melissa Coussa Charley: become 1st female premier of Quebec.
 Amanda Di Maio: achieve her goals and do it with style.
 Sarah Doig: marry Marcus and get her PhD in Flubergosh.
 Stephanie Embriaco: be in the Guinness book for eating the most donuts.
 Julia Fazzari: repeatedly hurt herself...by accident.
 Kalifi Ferretti-Gallon: feed a swan Doritos and have it hiss at her for more.
 Eleonore Fournier-Tombs: become a famous movie star and get eaten by a shark while shooting a love scene with Fabien Barthier.
 Marie Lena Frey: be an angel.
 Alejandra Ganem-Cuenca: make herself go deaf.
 Jennifer Gardner: fly around the world in her private jet.
 Nadira Garufi: be the only one to know that "prince charming" doesn't exist.
 Tamisha Harris: never utter a word in class unless she's forced to, then resent it.
 Melissa Herico: live off Premium Plus crackers.
 Jessica Ianni: talk about how nice her hair is while exchanging vows with her husband Booger.
 Jessica Jekkel: win the award for drama queen.
 Anna Kamateros: be late for every possible event.
 Tania Suk Yin Khoo: scream "viva Italia" while getting her cheeks lyposuctioned.
 Rae Kishly: become the next Jewel.
 Lisa Marie Knowlton: fall down the stairs, say "Fughet aboutit, get outta heer!" on the California set of days of Our Lives.
 Elizabeth Labrie: move to Dallas and spend the rest of her life getting hockey players' autographs while living on lattes.
 Caroline Lai: have 10 million things to do and still get 100% in everything.
 Joey Little: co-own Calories with Ashley while dying of her disease-of-the-week.
 Karen Lo: be known for singing Chinese oldies.
 Clarice Ma: get her foot stuck in a toilet bowl.
 Melissa Mancuso: marry someone, divorce him, then marry him again.
 Victoria Mannion: be the world's best gymnast.
 Christina Maselli: complain about her "mop-like" hair.
 Gabrielle Masse: think she can travel around the world while sitting on a chair with a paddle in her hands.
 Carolyn McMahon: always have something sarcastic to say.
 Elizabeth Mow: lose in a staring game.
 Ashley Mullin: co-own Calories with Joey while discussing her nails with Courtney Love.
 Stephanie Murphy: marry a frog then die of a caffeine overdose.
 Thuy-Lan Nguyen: remain calm in any situation, and become SUPERWOMAN.
 Michelle Oaten: go mad and end up in a mental institute over losing a button.
 Marta Lina Olynyk-Lucich: set up her own chain of restaurants and eat herself into bankruptcy.
 Hazel Paginado: reach perfection and major in French at university.
 Cristina Piscuneri: have a nose bleed.
 Meghan Pollack: give attitude to everyone she meets.
 Nadia Primiani: travel the world, marry Julio and complain about the heat.
 Kimberly Reis: write her own dictionary.
 Cristina Rosato: be the smartest beautician in the world.
 Melissa Salvati: kiss everyone she meets and become the world's professional bum pincher.
 Anna Sarkissian: know exactly what she's saying and rewrite song lyrics.
 Christine Saykaly: be on Broadway and produce her own line of exercise videos.
 Rebecca Schaffer: marry a Canadian.
 Lora Socciarelli: make her own problems and live her life like a soap opera.
 Miranda Stavrides-Eid: marry Tom Cruise and move to California to live near the beach.
 Liana Tassone: fall in love with an air-guitar playing Frenchman.
 Angela To: graduate with a PhD in asking OPRAH questions.
 Vinosiyani Vijayarajah: burn her tongue off with chili.
 Judy Wong: choke on her food while laughing (Mira's fault!).
 Ginger Yee: give lectures on stress management.
 Vera Zissis: say something unpoetically.

AND THE WINNER IS...

Ahlu
Arce
Batta
Berg
Broo
Colal

Craig
Di B
Ferg
Folin
Gahu
Gran

Hick
Leon
Lero
Mied
Perei
Sejea

Tard
Tard
Tesse
Wori



Most likely to succeed: Caroline Lai and Elizabeth Labrie



Most loquacious: Jessica Jekkel
and Stephanie Embriaco



Class clown: Jocylyne Bustamante
and Julia Fazzari



Best smile: Christine Saykaly, Joey Little, Alejandra Ganem-Cuenca



Most athletic: Becky Shaffer
and Julia Talajic



Best cheeks: Ginger Yee
and Tania Khoo



Best hair: Marilena Bono
and Cristina Rosato



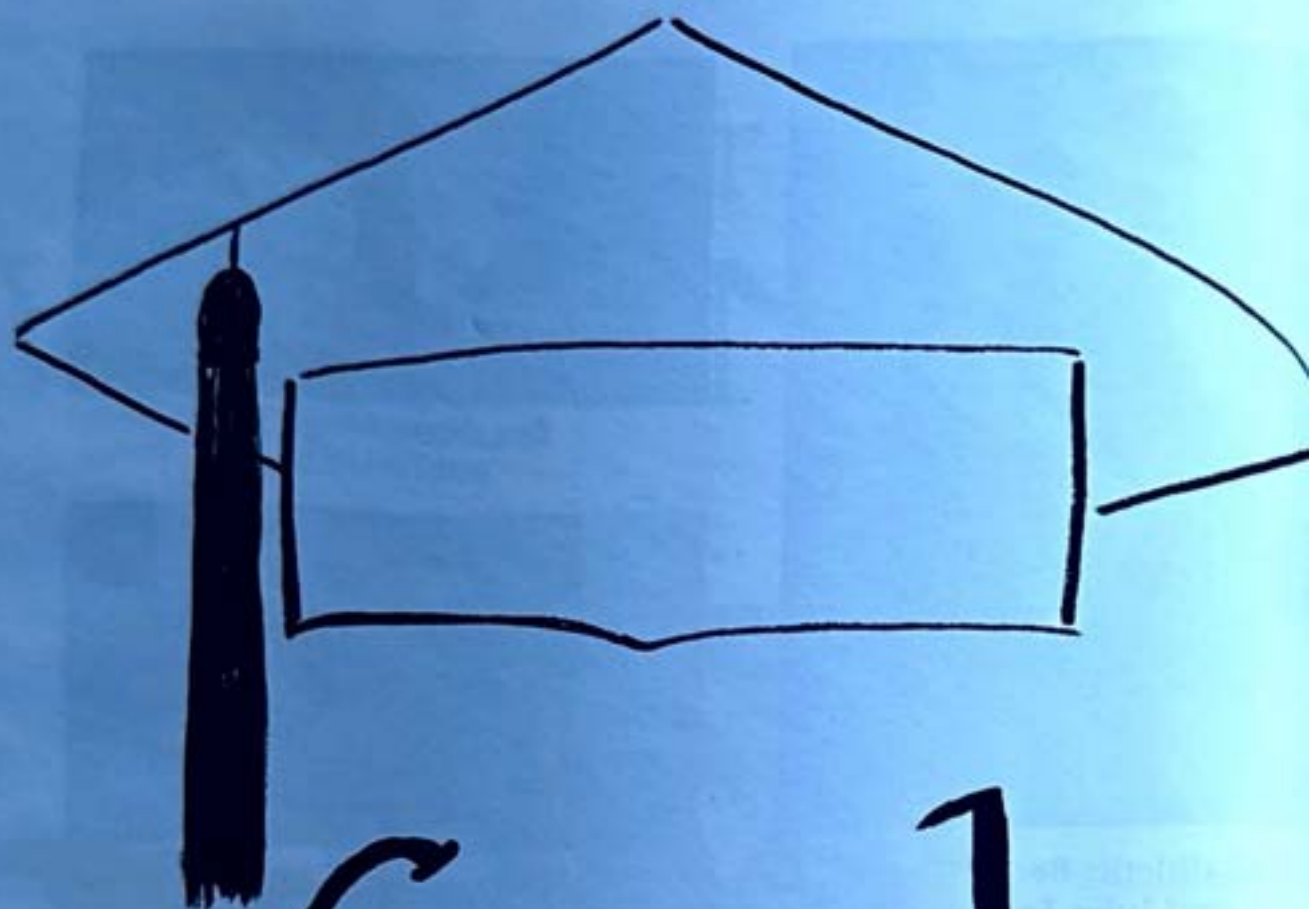
Cutest: Ginger Yee
and Melissa Salvati



Best laugh: Marta Lina Olynyk-Lucich
and Stephanie Caprara



Most outgoing: Vera Zissis
and Jocelyne Bustamante



Grad of 2000

Jessica Abbey

There aren't enough words to describe the good times that I've had. Thanks to everyone who's helped me survive: ratiord- PARTY BUS, BILLS, GERMBLASTER, KNOCK AND RUN, GENES- ANY CLEAN GLASSES? 24 m RUN, L-eth '97, A.A- are you ready for some more? SHMOES. Anna's the BOMB! Cris- Any Requests? (Geography-slym) SISTA ADVICE. Joss I- Sozannahler, fourteen! Thanks for helping me grow and trust. Tara- there's only one cup left... Joey L- Let's give them something to talk about.



Julia Ahlgren

The years go by so fast. So many memories: Sec III geography, sailing and funktown! DVBG I am indebted to you. Flubergosh! the hidden years books two to eight. Pi games. Math class advice was crucial. Butterfly clips are NOT cool! Base 6.5 is getting old. Props to my Fosta crew. VMZ your poetic soul touches me. To my sweet S.D: "You're just too good to be true, can't take my eyes off of you" -LH thanks for putting up with me. MJA: "tied up and twisted the way I like to be" -DMB thanks for making me smile. ITTE: "it's a long way down to the place where we started" -SM but "I say it just to reach you" -JL thanks for understanding me. AS: "When you're in Texas look behind you" -Walker thanks for making me laugh. To my BF "been thinking about you so why can't I sleep" -RH thanks for being you and nothing will happen this summer except me missing you. Thanks to Mom, Bruce, Squirt and Liz I love you...

"My life may not be special, but its never been lived before" -AD

Angela Alberga

"I thought I would look back at the tears and laugh but I never thought I would look back at the laughter and memories: lunch table, Seratford, sarcasm, frangia is CANADA RULES math club, footwork... TO ALL MY FRIENDS, I don't know how to thank you enough for all the memories we've shared. MAKKS "The most beautiful covery true friends can make is that they can grow separately without growing apart". The guys thanks for the at times. Prefects: "Don't cry because it's over, smile because it happened" CS: "In the cookies of life friends are the chocolate chips". RK: "If I could give you one gift my friend, I'd give you the gift to see yourself as others see you, so you could see how special you are". TK: "A friendship is one soul in two bodies". "Good friends we've had, good ends we've lost along the way..." Bob Marley (continued with tk). Thanks ma, dad and Steph. Best of luck grads of 2000, it's now our time to shine so here's to us... I will miss you ALL.



Megan Armitage

Teachers and friends, you made SHSM the best. Lunch Table- P.L.F.L. Clap! times seven Stones in free. Professor Flubbergosh/ Boxing. Arah Uhis Juta Gio Vero West Coast Train Time! Whose yer daddy? What the dillio? Prefects- Build me up, Buttercup Skit disasters. Holiday fun Random call episodes Y2K. Hollah, Hollah! Jeanne Mance Park Dryel on the radio: Manzie and Ricky What did mother say? Okay? Okay. Meow Meow: Shbweep/ Equator/ Wizza Wizza Infinity The answer was always under our noses, we just couldn't breathe. CP- Euro Trip Crown, Musical evolution Exercise programs Roswell, etc Jencho- Waterlight Bus rides Breakdance forevera Walker and Ranger Silly Sailing- Summertime- We'll make it around the world someday. Mom and Dad, thank you and I love you. To the class of 2000, thanks for the memories and good luck. "I shall miss these things when it all rolls by - What a day Wanna stay, stay, stay, stay for a while" DMB

Veronica Bagdoo

Advice for all my fellow readers: Cherish your vision, cherish your ideals, cherish the music that stirs in your heart, the beauty that forms in your mind, the loveliness that drapes your purest thoughts, if you remain true to them, our world will at last be built. At last one dream is coming true. Many memories follow many friends I have made throughout the years, some I have grown apart others I have closer. Thanks to my family always count on some support. Rach: I don't know what I would do without you. Eli keep thinking positive, let's go France, best friends ever. Soph: I will always remember your André. Ving you have thought me some, keep that bright smile. Mir: you're one computer genius and one friend, Champion Lane hangout can't beat it. Other friends that will hold a spot my heart inside and out of school. Sorri from high school at last!





Jennifer Berry

"I'm only this far and only tomorrow leads my way." -DMB. Thanks to the girls for the good times. I'll take the bond, Stratford, can you pay my bills? party bus, 2am run, Gene's, lunch talks, what would you call the laughs, 90210 my favourite zip code, Dirty Dancing, Secondary IV science and footworks, LT -will you change? I -NDG superstar, Ab-the best singer, ti amo, lo-it's mine JA JI TL TK LT AK AA AM MM MOL JI MF MS! "Though the years may pass us by, we'll stay young through each others' eyes." -WH. ZO JB South-much love, Props to MoWest and the Moon crew, I can't forget my roots: NB RRH CB AK MG UM thanks to Mom, Dad and Matthew. To ALL my friends- nothing compares to you, thanks for everything, for me to do but dance! Everywhere I go, I'll think of where I've been. Grads-I love you and good luck, least what you don't know, just let that be your room to grow." -BH

Marilena Bono

"I always knew that looking back on all our tears would make me laugh but I never thought that looking back on all our laughter would make me cry." Five years have past leaving only unforgettable memories. Thanks Italian princess Patricia my world would be incomplete without you. Thanks Melissa for being a true friend I know our bond will last forever. Christina, thanks for always being someone that I can talk to. You always put a smile on my face. Thanks Julia for always making me laugh. Meghan there were always benefits and there will always be benefits. Thanks Cristina you have always been a great friend. Thanks Jinny, Nadia, Laura you will always hold a special place in my heart. Thanks to the class of 2000 without you, my life would't have been the same. A special thank you to, A.K. S.C. J.B.A.S. M.H.A.M. J.C.M.A. M.I. Special thanks to my mom, dad, brothers, Adamo and Gianni thanks for always believing in me. La Vita e bella. Ti amo, ciao



Karma Tiedon Burkhar

"Two roads diverged in a wood, and I- I took the one less travelled by, and that has made all the difference." (R. Frost) Dale and Amala, sorry for all the stress and thanks for all your help. Dolma (lucky girl) Khandru Li your turn soon. THANKS S. Colvey, I promise I am going to change. Thank you!! Yino, up kesi hai babe, ha!! Friends forever, LouLou, Pauline, Karen, Victoria, Keep smiling and Big thanks. Thanks to: Mom, Richard, Sally, Jacques, Melanie, Ms. Ripley, Mrs. Cochrane, Mrs. Filipovich, Mrs. Kular, Mile. You Maughan, thanks for your insight and understanding!!!

Remember all your dreams and don't ever get sidetracked. Remember we're all in this together

Jocelyne Bustamante

Shant House all the way, To the Octo Crew. AG-thanks for the confidence, CM-I'm just down the hill, EM-never be afraid to tell, HP-follow your heart, KC-Keep smiling, MH-the awkwardness is finally over? TN-stay original. JC-I'm a superstar! LA-thanks for everything, MD-walk faster! RS-orange skittle!! JC- "Heartbreaker, give me your love" sixteen times after "we go sleep", JV-tell me what you want from me. KM-thanks for the help, CC-Hookups, Carley's Angels! Prefects-we had our lights but we got through them. My Italian chicas: GC- hope you can make up your mind, JC-granny dance MB-now or later? MS-one last time, babe! SC-beat it Jabroni! Mom and Dad, I love you with all my heart. Joo-I can beat you anytime. Ate Row-love you like a sister, Gayle- I'll never forget you, Liza-Sosa...Ha! RA-I can always count on you, Bong-love you! There is so much to say but so little space. Thank you class of 2000 for the memories!!



Stephanie Caprara

"Lord stand me on my feet, give me strength and set me free, because I'm not giving in until I've had it all." Thank you to JB,GC,KFG,CE,AK,NG,JW,MLL,AG,VV,KB, and the rest of the 2000 class. Thanks for being "love you". Thank you VZ, for having such great faith in me, you truly are a great friend; I will never forget. Special thanks goes out to my vocal coaches, as well as my Music and Drama teachers; your help and support will be forever remembered. Lord knows dreams are hard to follow, but don't let anyone tear them away from you there will be tomorrow, in time you'll find the way. Thank you, so very much Mommy and Daddy for standing by me, and accepting the Music of my Heart. I promise to make you very proud. To my wonderful abba, thanks for saving my life. An old pair of jeans or an evening gown, you still see the same girl that I found! Never laugh at anyone's dreams. People who don't have dreams don't have much.

time. Chain
It's finally over. The past five years have been quite an experience. Charlie, you're always there to help and listen.
ve a problem (again?). Don't forget November 10th - B&B forever! "Who's that dangling from the ceiling?" What
opened to Kevin?" Chockle, what would I do without you? You're such a gifted pianist. You live so far away. CL
w would I have survived without you? EPT, thanks for making my SSUNS experience so "interesting"
ghastly and India). Can you help me with Math? GC, where's Lucky? JL, what's up? JP, can you sing with me?
's dance? KL, I have a question! MB, am I gone dear? VM, let's go shopping. To all the Prefects, thanks for making
last year so memorable. Our lounge sure helped us during the most tiring times of the day, we need to catch up
sleep! Thanks to Mom, Dad, Popo, Len, and Trin for their love and support. To the class of 2000, 'tis time to say
adieu.



Jennifer Cholette

So many memories... MJA: Muchako and Eucharista: Meow Meow. I love wind tunnels, Breakdancing Bud. I love
you. Thanks for always being there. CP: Wonderland. Get down to it. We did it all for the kookie. Whiskas Justin
equals the untouchable. Concert bud. I want bacon and egg without the meat. Road trip to Entropie. RAP! JASE. You're
the best. I love you. JB: We go deep. Heartbreaker times sixteen. Never give up, never surrender.
MO, DD, MJA, AG, KP, GM: my train buds. Long live the handle napkin. MO: Candlelight fun... grumble. Bat night.
The lion. SM: Shredies, Grumble. Mosh Pit. Messed up adventure day. Homemade tube top: FUNKY. Do
vegetarians eat animal crackers? Prefects2000. HP: Jagged hair. Stratford99. The hook. VZ, AS, JT, SD: A long
DECEMBER. JF, MB, MP, MJA, CP, MS: long live PLFL.

AA: safe, safe, safe. JA: dodo. Thanks for all the fun memories grads 2000! Good luck to you all!



Bergia Chronopoulos

"It is not the length of life, but the depth of life." - Ralph Waldo Emerson

To all my friends, thanks for getting me through these last five years. Mom, dad and Jimmy- thanks for
everything. Lisa, Ginger and Liz- soap recaps. Carly is so much better than you know who. Caroline- my help for
everything. You are the best. Stephanie- you make my days so much better. Liz- Detroit and Stevie rock. Coelho- you
adorable and too funny. Lisa- getta outta here and fuggheabout it. Roswell guy really does exist. Ginger-
mpic partner and Max over. Michael. Long live the Queen, King and Princess. Fuggheabout the peasant.

"Live as you were to die tomorrow. Learn as if you were to live forever." - Gandhi



Giulia Ciavaglia

So many memories where to begin?

Italicize forever me, "Italian and Proud." Da Ciavaglia's no one could stop us now. Me skip? Never! First to get
her license (no speed 'never!), first to go blond. Dome, Groove, Xtreme, Opium, been there, done that. Who, where
'calories!' Le Chateau Gurl, Bella Mafia. HSS: (A)my baby! I love you, you're my one and only. 97-00 and many more
years to come. CC: my cousin and Best friend, you guy magnet, thanks for everything, love ya. SM: B-friends forever,
I miss you, thanks. Df: giving me advice and being a good friend, thanks. IA: Bouge awaits, you ITALIAN wanna
be, thanks for everything. A special thanks to all my close friends you know who you are. Mom and Dad thank you
for your love and support, love you lots, Frank my you're a pest but I still love you. A special thanks to my whole
family, love you all. Hold on, STOP! Staring problems, DONT HATE ME CAUSE I'M BEAUTIFUL. Okie Dokie,
Saluti, Baci, Ciao.



Teena Cohelo

Just so you know, I am not lost. Octopus (CM, EM, MH, TN, HP, AGC, JB) it was nice knowing all of you.
rway Club (EL, SE, EM and all the rest) you made my mornings fun. Who's going to give me soap opera updates
? GC (Wings rule), LMK (Clint's mine, okay?) and CL (thanks for everything). Lannie, thanks for always
ring your good fond. MH! I'm the president). Coozers always prosper. Thanks to all the nice people in this school
(?). Thanks to my extended family in Japan and Switzerland, "I am a bear of very little brain and big words bother
- Winnie the Pooh.





Jenny Conte

First and foremost my family, mom, dad and my amazing brother Anthony. I love you and you mean to me. To my baby Jay I love you like crazy and I hope we'll be together forever. To my two best friends I adore you both. Nadia, Lina without you I would go crazy. To Fifth May, you know who you are. Station, M, MS, CM, J. Fly you rock. CP my famous people person I love you and go fix your hair. Elena, Cathy, we'll be friends forever. Summer '99, Florida, fruit de la passion, BSB concerts and kinds of Mountain goat, mahah, Stratford, Grad, my angel, wild 98.7fm, N'SYNC, Johnny Lang, Sugar Doubt, 858, Christmas '99, New Year's '2000, Dome, hockey, row, cattle, camel, chickenhead, Jersey girl, bear this one's for you, Lola, South Park, Nadz, I can't when I'm laughing, P.S. Brian and Nick, rock our worlds. Good Luck in the future to all the grads. I love you all. We're out of here, but we'll be back.

Melissa Coussa Charley

Charles Schultz once wrote, "A 'C'? How could I get a 'C' in a coat hanger sculpture? May I ask a question? Was I judged on the piece of sculpture itself? If so, is it not true that time alone can judge a work of art? Or was I judged on my talent? If so, is it right that I be judged on a part of life over which I have no control? If I was judged on my effort, then I was judged unfairly for I tried as hard as I could! Was I judged on what I had learned about this project? If so, then were not you, my teacher, also being judged on your ability to transmit your knowledge to me? Are you willing to share my 'C'? Perhaps I was being judged on the quality of the coat hanger itself out of which my creation was made. Now is this also not unfair? Am I to be judged by the quality of coat hangers that are used by the dry-cleaning establishment that returns our garments? Is that not the responsibility of my parents? Should they not be the ones to share my 'C'?"



Amanda Di Majo

"Who Then now...?"

Sarah Dong

"You say don't fear your dreams, that's easier than it seems." P.A. The memories! Spanish, math, geography class and going to the Czech Republic. J.A. The nod controls you and you enjoy Bongo in the morning. Thanks for sleeping in volvo in the middle of winter. A.S. you're not Aretha or Lauryn so stop trying to be. I'll never forget that your father teaches you botany. We share a great obsession with Argentina! J.J.T.T. It's murder! The MoWest park was my humble beginning. Thanks for always calling me and being such a great influence on me. VMZ-Villa, we both know who started Flubergosh. Remember dancing in your mom's car! Thanks for listening to my Indian songs and being so sweet. Agan F. I like going to the Equator, and travelling in caravans. Thanks for throwing a lot of good stuff onto my head. You taught me what RunDMC was all about. What did mother say? Ok, Ok. Life's a beach. Thanks to my family. "Get thee down. Be thou funky." Anon.



Stephanie Embracco

This school has helped me discover many parts of my identity. I would like to thank all my friends and family for their love and support throughout the years. I will always remember...Ginger's endless Georgia's and Lisa's soap opera information, Elizabeth's and Georgia's obsession with sports, Elizabeth's gossip, Evelyn's, Michael, and Caroline's help and devotion to my academic success... "Friendship is a thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything." To all friends thank you for making my Sacred Heart years of my life.

"Our friendship does not depend on being together it is deeper than that. Our closeness is something inside of that is always there ready to be shared with each other whenever the need arises" Susan Polis Schutz. This is to my friends the class of 2000. In the last five years I have shared so many memories with most of you. Sec V Retreat and Stratford was so memorable thank you everyone. MS, MB, CM, CP, MA, AK, JL, JC, PE, U, MA, AGC, CP, CM Thank you for all the memories in Europe. I had the time of my life. CP, we are going to skyrocket! MB, MS, CM. Sourlakis! I could eat you up! MB - child-immer down - you're too cute! CM thank you so much for everything. You are such a great friend whether it be helping me out with a problem or just listening to me ramble on. "People come in and out of our lives to teach us. And we teach other people. It's part of the process. They come in and they go out. Some stay for longer than others." Callan Anderson Thank you Mom, Dad, Nat and Zac for all the love and support! My space is limited so to all those I missed - you are still in my heart! Ciao Ti amo!



Kaliff Ferretti-Gallon

"And so I take my curtsy and my leave." I would like to thank my friends, especially: N.G. keep doing your thing. It is imperative we find a new hangout, T.H. you can make anything a comedy. C.M. combined we're insane. S.M. you'll be forever hysterical. A.G.C. one word: bengay. S.C. best up nod. L.R. we rule Murray Hill. G.C. the bestest listener and A.P. I miss and love you very much. Many thanks to my parents. I love you Jess! Last but not least I'd like to thank all my fans, and with tears in my eyes. I'll say it again: if it weren't for you my poem wouldn't be as recognised as it is today. "Ducks Are Yellow Pieces of Fluff". LONG LIVE FRIDAY NIGHTS!

Honore Fournier-Tombs

It's been full of ups and downs but we've had a blast. V. you know everything. Thanks for always being there. Friends for ever. Miranda: noulles à l'eau! I love your TV! Vito, you Indian dancing stocker magnet girl! Pauline: ghamistan, ha ha! Karma you momo lovin' freak! Hello, old man, that elevator is so scary!!! France 98 allez les bleus! Ma and Mimi thanks for everything, most memorable: SSUNS, Jean Brodie: crème de la crème, les dregs de la page, the little girls. Remember Stratford and the bubble gum eating swans! Wow the Sec. V retreat was emotional! Jore la plancha à volée! Field Hockey, Track and Field! Merci Mlle Young, M Soret. Champion Lanes, Greenfield Park Arena: the best hangout! Matman, Dad, JL, Yoab, Nata - hi Marie: I can speak German: Wunderbar! Steph we had good times. MHM, NB et l'École de Danse Louise Lapierre the world belongs to us!!!



Marie Lena Frey

I'll never forget this school year at SHSM, I have found very nice new friends, who supported me and made me LAUGH!! Thanks to all in Secondary V and EVERYONE who helped me to get integrated so fast.

Thanks for being patient with a (sometimes) lost and homesick German girl... I love you all and will never forget you! Thanks to my teachers and the whole school, for having me here, being SO kind...

Thanks to my family in Germany, my "famille québécoise", my sister and all my very good friends at home - you know who you are... Special thanks to my parents for letting me have this wonderful year in Montréal!

I'll miss the beautiful uniform...

Jandra Gabem-Cuenca

We made it. Five years already?! Too much to remember. SM, BK I'm twelve years old. The BaT, GM, Rowing on what? MB for life. CM: so what if we never listen? That's my beef. AS, CL, MB, MC: basement talks-sauna- "I thank you in love" Stable 171 at the Barn Inn. NG: here piggy (OINK. Timmy's every possible morning-spill. KFG: complicated, never to be understood. No CD means NO music. TH, MO: tri-germains. I'm loud! Laugh. Mom, Dad, Ed, Gerry, thanks everything, can't thank you enough. MO, SM, GM, JC, MA, KFG, GC, KR, TH, CM, Octos, AS, CL, MB: these five years have been amazing with you. KA, my gina, love you always. Traincrew. We've all become memories of the past, they are unforgettable. "Some people come into our lives and quickly go. Some stay for a while and leave prints in our hearts and we are never the same." Bye chikits.





Jennifer Gardner

Although this set of doors is closing, another set is opening. CS - for being a best friend (you have to be here MG - stop moving further away. SC - see you backstage (if you let me in). VV - I was that EVER again VM - thanks for always listening. KB - thanks for everything. AD - my bus buddy AB - who can sing. ML - thanks for always saying hi. KL - my double. TH - give me back my highlighters and JC - french class was fun. I will miss everyone a lot. NB - think like a DEB, walk like a DEB. To my - pitchforks, baby! Mom, Dad, Adam - Thanks for all your support. "A friend is like a rare book of which is made."

Nadira Garufi

It's all over now, if I'm going to go down I'm going to do it in style, and I swear to this. She felt like velvet, oink for the animal, farm girls might out, toads never turn into princes, no me molestar, eggss, gorizo, freak pink shoes, Ka! - as I said you've made me who I am. MV - I'll never be able to repay you, Nik, PK, AD - Poet in the making, MLOL make sure your sun never stops shining, it's what keeps me going, I'll never give up, you have to love yourself more than anyone else can, TH english won't be the same without you. SM love you coffee frog, SC now that's what I call a headache. MO, GC, KR, Cine crew. I'm not as good as you want me to be but better than you think. Tony, Beeny, Jew, love you guys can't always show it. Thank you Mom and Dad. They that love beyond this world cannot be separated by it, death cannot kill what never dies.



Tamisha Harris

"To make an end is to make a beginning. The end is where we start from." Free at last! To KFC, AA, MO, VZ, MC, MHLJT. They tell us to be individuals, to be unlike anyone else. If you are rich, poor, skinny, not make a difference. But when walking around we realize that this reality is a lie. Remember, life is what it is. The world is what we make it. "The most beautiful discovery true friends make is that they can grow without growing apart." Mummy, Granny, Chris, Jemal you are the stars that light up my world. Amen.

Melissa Herico

Five years of laughs and memories. JB, JB, IIC, IVB, VC Original eight- CLARICE: Biggie stop falling off beds and doing karate chops. JOCE: Pinky swear me! LIZ: Keep smiling. GOOZE: Never forget our bizarre ways. HAZEL: Get our heads out of the clouds! ALE: I'll never forget you! THU-Y-LAN and CAROLYN: 931715 pennies left to count! Shadows live on forever. To the LaLa Boys- ELMO, LEO, MARK and J: Keep it real. MIKE: Thanks for all the advice. NEIGHBORS: Let's go sit on the stoop. To all these friends and the ones I have failed to mention (you know who you are) thanks for listening, being my strength putting up with my moods and keeping me sane! I love you all. UNDERGRADS: Stay sweet! PREFECTS: You gals are the best! PooKy: You'll always and forever hold a special place in my heart. Remember you're stuck with me. Much love and thanks to God, Dee, Mom, Sha, C, Mamang, Auntie Lot, Uncle Mart, Mikey, Tan-tan. Class of 2000: May love and luck always smile upon you.



Jessica Ianni

Deep thought - "Maybe in order to understand mankind you have to look at the word itself 'mankind'. It is made up of two separate words 'mank' and 'ind'. What do these words mean? It is a mystery and so is mankind." - Jack Handy Thanks to Mom and Dad for their love and support / Marty, Mike and Amy girl - basement life, Jiggs I wanna dance with you - I love you all. Tom - I won't say it back...but I want to thug life from the cradle. Tara - twinsies, Zy - wish you were here, Morta - I am so happy for Christmas & too loud they might know, don't forget I love you. Joey - march break 99, never trust an American, shes hiking posse, 150, QL is home / the mams - C.B./N.B./R.R.H./A.K./ - U.M.R. M.G./N.P./R.B./M.S./ - p south G.M./D.H and finally my S.H.S.M girls "although I've travelled far I'll always hold a place in heart." - Tracy Chapman

essica [ekke]

A big he oh to AA JA JB JJ AK TK JL MM MO CK LT! Thank you all for helping me grow, you have taught me so much, more than you will ever know. I love you. To the square root of less squared, thanks for being there and for the poshness, your honesty means so much. Marta, you have been an important part of my life, even through the toughest times. Dada, I hold the crazy things we have shared close to my heart. Hibi and Angeli, you have always made a difference. To my precious Yashika, I love you very much. I want to grow old with you. I will cherish our friendship forever. Mom and Dad, words cannot express the love I have for you. I would never have made it this far without you. You will always hold a special place in my heart. "Seventeen seconds to remember love is the energy behind which all is created, to forget all hurt and pain, to remember all that is good. Seventeen seconds of peace, of justice, seventeen seconds is all we really need." - B. Corgan



Anna Kamateros

New girl in secondary three, and I managed to survive! Joey, you know that it was "blood, full force!" thanks for everything you mean a lot. Vera, my Zakynthian buddy thanks for all the talks. Meghan: How's the arm, no pun intended! C.P. you were one of the first to befriend me. I'll never forget that Ashley, sorry for the dirty shelf. R.D.T. thanks for sticking by me. Becky: friendly reminder, you're the best! M.B. M.S.J. C.M.A.M.P. J.F.C.M. you all will always be my favorite lunch table. "P.L.F.L." J.A. you don't need any tricks. Stratford, rocked! Gene's, midnight run, Donut's, MacDonald's, waking up late, I had the best room mates: J.B. (let it rip!) J.A.J.L. thanks for making it great! Retreat: "I've never" and... our crying fits. Thanks to my mother and father who stuck by me through thick and thin. God knows they've had their hands full. Thanks to my two "yayas." Thanks to my cousin for being there for me. Bye Sacred Heart! (I can't believe it's over).

Ania Suk Yin Khoo

"I can't remember all the times I tried to tell myself to hold on to these moments as they pass." - Adam Duritz / Marisa, hibiscus, Sublime, starry nights, Hawaii, eyes, sushi, Zeb, blue, punk, ocean... To ALL my friends, thanks for the daily hugs and kisses, especially for the memories. Zy and Jules, I didn't forget you. "How lucky I am to have something that makes saying goodbye so hard." Ps: CK-the discovery of ourselves, life and food. AA-Never a dull moment, f'aine. MAKKS-Whoever said all fairy tales had to end didn't know about us. To the guys: I finally saw my first shooting star. I love you mom, dad and Egor. Summers in California. Grads of 2000: Good Luck and "Live every moment, love every day, because before you know it, precious time slips away..." (continued from Ang). In this bright future, you can't forget your past, so dry your tears I say..." - Bob Marley



Rae Kishfy

"It's a long way down to the place where we started from." The journey for the past five years have been unforgettable but now it's time to choose our own path and follow our dreams. Throughout the years a simple laugh has turned into a memory. MAKKS thanks for all those laughs that will forever remain close to my heart. AA high school would never have been the same without you. Thanks for being such a special friend since day one. TK. Everytime I see a star I'll think of you! MM thanks for all the good times together they will always put a smile to my face. CS "Word to your brother..." JC and NP the month of May will never be forgotten. Lunch table thanks for the laughs and good times "Sometimes goodbye is better left unsaid" Mom, Dad, Jon thanks for your love and support. I love you! Grads: thanks for an incredible journey. "Fill your lives with love and bravery and you shall lead a life uncommon."

Lisa Marie Knowlton

"The rung of a ladder was never meant to rest upon, but only to hold a man's foot long enough to enable him to put the other somewhat higher." A special thank you to my parents for their constant love and support. I am grateful to my teachers for their infinite wisdom. To all of my friends, you have launched a lifetime of wonderful memories. Stratford, retreats, EL, you will always be my mental twin, lab partner, and fellow West Wing fan. AT, remember your perspicacious rapping skills. Let us shop at Bebe in California. GY, my email Queen, I give the best advice, especially about asking. SE, we must form a food club next year. GC, our a.m. stairway soap opera. Roswell club was the best. CL, my study period companion. KC, we are the best dancers and athletes in the world. MM, we go way back. CS, Hardy is the best. MF, do not forget Dairy Queen and all the funny episodes. I wish the Class of 2000 success and happiness in the future.





Elizabeth Labrie

People always told me that all good things must eventually come to an end. I just didn't believe them. Now it's time to say goodbye. Thank you to everyone who has given me their endless support over the past five years. Mom, Dad, thank you for all my teachers. AT, keep smiling now that "everything's all clear". Never stop shopping! LK, you are my partner and "mental twin". Are you up for some fine dining? CS, don't forget our movies together and our study sessions. GC, my hockey pal. Keep cheering for those Wings! GY, SE, CL, KC, you've got to be "stairway discussions". Time to catch up on all those soaps! MP, keep the memories alive! TLN, badminton. UA, you may have left but you will always be a part of us. Last but not least, remember the good times and the bad. No matter what, we will always have the memories.

Caroline Lai

"Some people come into our lives and quickly go. Some stay for a while and leave footprints on our hearts. And we are never the same." I am grateful for all those who have touched my life: it's been an honour knowing you. I'll always cherish the many years we've shared. Our time together has been filled with laughter, tears, and memories. Now that we're on the threshold of graduation, let us step forward and embrace our future. I'll always remember Stratford. Food, contests, retreats. Toots, vocal, song, French, stress. SSUNS. Graceful athletes? Goozer. Badminton, volleyball. Mornings on the stairs. Math class, study periods. Good times. Gifts of friendship. PC, CC, SE, GY, KC, MH, HP, UK, TN, MC, EL, AT, CS. Special thanks to teachers for time and wisdom. Love and thanks to friends. Mom, Dad, Steph: couldn't have gotten through the years without you. Success, no regrets. Friends always. Fare thee well. Thanks for the memories.



Joey Little

"I get by with a little help from my friends." THE BEATLES, CAITLIN, you are my world. RDT, the Boston sleepovers, universe, cat tides, careful! POON, you are the bomb. I love you. JESS A, seven years. You have helped me in so many ways. JENN, I know, everything is yours! LIANA, 90210. JESS L, kisses. I owe so much to you. MARTA, Summer 97. ASH, Calories, Pager wars, Walk my dog! ERIC, my future husband. My tinkerbell. LES, you are a singing diva! Wake up! MEC, Buddies. MADDY, July 1. AISLING, we've been a lot. Thanks to TKCRAA, RKAA, MMCPMA, JCSTRATFORD, 2am run, knock and run, Germ Blaster, Germ bus, BILLS, TOM/Jupiter Florida. PAUL, "I would offer you my pulse, give you my breath." AD, Thanks for me something to smile about. MOM and DAD, you have inspired me. All, Chrissy, Mary, Ari, Alex, I love you. I learned that in each of us there burns a flame of independence that must never be allowed to go out."



Karen Lo

Buddy, Fruity loves you and me! And it'll go on forever! I'll publish our letters one day. No more "question lady"! Yay! Sushi girl, I hope you'll get over with your P.Y. obsession over soon. I'll make you sushi every Christmas and they taste better next time. Bean muffin, Karma, Jen-G, Eleonore, and Miranda, nice knowing you all! Poo-line, of course I won't forget you. I'll come to see your grad ceremony when you graduate from Chinese school. Thanks to all of the above for keeping me company whenever I'm bored and for making me feel better whenever I feel sick of this school. I am so glad that I'm finally out of here! Hope we'll keep in touch! "Karen is 'something' in the head, but that doesn't mean I can't tell lies from ginger bread."



Mira-Lyn Lu

"It's been five long years of my life and I'm finally out of here! First of all, many thanks to my family for support. Thanks to my Best Bud, You've been there all my life. We have many great memories. Thank you for always being there. You've never let me down. (We'll make it to California!) JuseKid and Budge, sticking by me all this time. I'll miss you Buddy. TLN, you kept me sane, but went crazy with me a moments. PC, you know what I think of you. Thanks for being so silly! SC, you always make me laugh. (We'll win! we'll!) And to all the others who I haven't mentioned, you've made this journey bearable. Many of you come and go, but you've all made a difference in my life - thanks! "In the end it's all you got. Memories to your life and how you lived it, so live it good." Goldfinger. I guess we have some good memories of this place."



Amazing five years! unforgettable moments. falling off my chair, what's my name (age) Cis-REESB Thanks to my friends, especially the Octopus (Liz, Joce, Mel, Thary, Haze, KC and Ale) it was really fun spending five years with friends that I know I will always remember. There were fun times and sad times, and many pointless fights. (the easily-embarrassed girl) Secret: I run like a chicken. The Gossip Queens - "what's new?" Pancakes! Ice cream sandwich and a fork? karate chop! Hawaiian song - Mahi kuli You always make me smile so, I guess I outgrew all of it except Ale, hee hee, and you thought I'll stay short!! See me running for a microwave. Remember - never save quarters from a garbage can! Retreat equals Lots of tears. Stratford was great - party with fun's speakers, seeing gel and Joyce's cushions!! Thanks for listening to my problems and for sharing your secrets with me We are only two stars shining the night! Good luck to the class of 2000!



Melissa Mancuso

Five great years have already ended. All the good times and friendships will never be forgotten. Stratford 99 was amazing-the party bus! To the MAKKS: one for all and all for one! I love you girls so much, it's NOT the end. Fifth May: You have a special place in my heart C.S, thanks for sticking with me through EVERYTHING. R.K, you bring out the best in me-what will I ever do without you? A.A, thanks for giving me the best year of my life! T.K, love those cheeks! To the loveliest lunch table, thanks for all the weird discussions-I'll miss you. To the prefects, we've come a long way! Mom and Dad, thanks for being there every step of the way. I love you very much! Nonna and Nonno, grazie, vi amo! R.D.T, you'll always be my angel! Mr. K., thanks for always being there! "For good times and bad times, I'll be on your side forever more-that's what friends are for!" SHSM would not have been the same if it weren't for all of you! Good luck to all!

Julia Mannion

Dear class of 2000, it has been an incredible ride. Bumps and all! I am eternally grateful for all the joys, the help, support you have given me. I wish that all your dreams will come true and that we keep in touch. Special thanks SHSM and especially my parents. Good luck!



Christina Maselli

To all the grads of 2000, thank you for making my four years at Sacred Heart most memorable (Stratford, retreat). Mel thanks for picking me up when I fell hard and for always being there (Titanic). Marly thanks for putting up with my craziness. Ju thanks for listening and understanding. Fridays at Alexis Nihon - souvlaki! JC NP LS thanks for all the laughs and tears. "PLFL! MS MB JP CP MP MA JC our lunch table will go down in history. TT go? Thanks for being who you are (111). To the Boomerang crew "I need more popcorn for my chickens!" For all those I haven't mentioned, I did not forget you, you will always hold a special place in my heart. Mom, Dad, Jen, Ang and family, "you were always there for me pushing me and guiding me always to succeed" Ling you will always be my big sister. TI Amo! Good luck to all the grads of 2000. "I believe you don't know what you've got until you say goodbye."

Brielle Masse

The two years that I have spent here have been unforgettable and the memories will remain locked in my heart forever. Thank you to all for those GREAT times: Barn Inn stable number 175-meow, quik, moo, ou ou ee ee, rabbit!! All of you who been there for me through good and bad: MO: can you just kick that ruler for me? Bat Night! AG, JC, DO, KP, all the train crew boys, AS, MB, Connor. Thank you. Mom and Dad, thank you for all your support help. I never could have done it without you.





Carolyn Mc Mahon

We have come and gone, now we are just memories. Too many inside jokes, KPG see that Sacred Heart, Sex IV, Math, French, History-unforgettable. Crazy woman, what crazy woman? We didn't let her in. The SHADOWS live on forever. To my USA bud, BS, you're the greatest, I've learnt so much from you. It's been awesome, I love you all. Secret explorations, scary stuff! The prefect room will be ours forever. escape from the rest of the world. CS, I know what you are thinking. AGC, do we ever listen? Didn't I what's your beef? Maryann, you've made my last three years at SHSM so much better, thanks for all. Special thanks, Dad I couldn't have done any of this without you. Mom, Jen, Mike, Steve, Mel, your support a long way. GRN, thank you for the great times, I'll never forget you. To all my friends, I'll miss you anything, GOOD-BYE.

Elizabeth Mow

Five years have come and gone so fast. So many unforgettable memories. To the octopus crew - Joce: For always making me laugh. Melissa: For all the strange adventures. Thuy - Lan: Keep smiling. Clarice: For always putting up with me. Hazel: Don't ever change. Kareena: Remember you're "gifted." Ale: For always making my day. To all the mornings spent on the staircase. GH rules. Steph: My gossip buddy. Georgia: For always updating me on the latest soap opera news. Gun: What can I say... Love and thanks to God, mom, dad, Andrew, Charlie for all the love and support. And to all those I failed to mention, you all know who you are, my life would not have been the same without you. And to the class of 2000, I leave you with this, "When you make new friends, don't forget the old, one is silver, the other is gold."



Ashley Mullin

And now I'm a different person, different in so many ways. Ani DiFranco. Every single one of you has to leave footprints in my heart, and I'm so grateful. Candy: I love you and miss you so much. Caitlin, you are an inspiration, if you ever need help smuggling food into a movie call me. Joey: Get out of the bathroom to Calories! I couldn't have asked for a better sister. Aisling: You've touched me more deeply than you know. Kamp does rock. Celebrate we will, because life is short but sweet for certain-D.M.B. Julia: I love to communicate, your eyes focus on my funny lip shape. You pray like a pro. Becky-Ann: what an introduction. Ski-Buddies Jess: I Don't ever stop saying what you mean. Meghan: two to a pew? don't forget Nanny. I love you. To my entire family, thank you! I can't believe I survived. Good luck to everyone, rise than fade away-Courtney Love

Stephanie Murphy

Is there a v.o.k. sailor moon at noon, C.G. 66Bus funkyvise, friend, blond guy, green coat, COFFEE, M.L. thanks for coffee frog. Alien four ever, Josh Provisor, MandS separate. B Quo?, AandN watch out for toads, A, woodnymph, MMnaughty, MMok, energy level down, phat agenda, sethGreen, K. thanks for orange liquid, SPIN. G. thanks for grade A Patton advise, pixie sticks, JandA buses stop running after 1:08, Barn, stable 171, Al. don't make your self go def. Teletubbies, I know tae kwon do, wooden man, GREEN SPARKLE, Bat night, cauliflower. J your the puss in my zit. K.F.G. friday coffee, shawbridge number one, SKITTLES, Andrew, WHAT?, "He smiled at me", furry pants, SandN "new leaf", kermut, chocolate coffee beans, Guido Foot, "lunar", the ears have walls, Paranoia, go bow about that football game?, fishy, SHREEDIES, grumble, mosh pit, JandA we will make it one day. Stop the voices, Triangle, video until 4am, Ipxie, homemade tube top, MadBullsWithCrocadileHats, DECAE IS BESIDES THE POINT!



Thuy-Lan Nguyen

"Every new beginning comes from some other beginning's end." KC-the song I had stuck in my head. (D) Five years flew by so quickly. It's time to leave our close-knit family and venture into a whole new world. forget the memories: Stratford, retreats, detentes, the stairwell crew. All the craziness made me appreciate things in life: (ML/SM) Clouds floating by, (EC) FOOD! GD- I love you always. Thanks GN and TN, for taking care of me, SC, AGC, GY for putting a smile on my face, CMcM for being my sunshine, PG, LM C help. BS- keep your dancing space. KR and AA- DuRousier forever. AT, HP, CM, JB, JP and Lala boys forget you. Maimones, Hericos, SW you are like family to me. Mom and Dad, I could not have done it without you. Family, you mean the world to me. For the unmentioned, you are in my heart. Last words? Life happens.



Michelle O'Brien

Moooo!! Stable 171. Bats! I'm CM, we have chris! Lil Green Sparkle. SM, apani! The animal table! JC, the lion. H. Lightaber. AG, our Friday nights. TH, tree root forever. NG, newborn baby. enough said. JC, candle ring. rumbling stomachs. SM, I didn't mean to laugh! MP, I'll miss you know who! CM, can you pick that ruler up? mother day... how to miss school... snowman? TRAIN CREW, we rock! RG, my alien twin sister. LS, VT, AH, pool beds forever. CL, since the womb! MB, cutie forever. BD, CL, MB, the break-in. KP, DD, I'll miss you! MT, angel! G, TILLY-Gentle! JC, AG, CL, AS, MB, The Bat! MB, Buckle! Thanks Mom, Dad, Patrick, Ceri, Stan and Bentley! At Woody. AG, I hate Whitney Houston. The ski patrol. AG, SM, corn picking. AG, stick in the window... good night D, my Kraft Dinner. EE, rubber bands. AT, Peaches. CL, Brenda did it. LS, you are the ultimate airhead.

"The most wasted day is one in which we have not laughed."



Maria Lina Olynyk-Lacich

"It is with true love as it is with ghosts. Everyone talks of it, but few have seen it." Thank you all for years of laughter, smiles and love! TK-Hawaii. Jo-the kick summer 97. Cris-"he said it" lobby. LT-90210 sick hits. AS-New Years 98 I love you. JJ-parties chez toi never forgotten. AA-Regina. AK-your sneezes and laughter. MM-hacha-o! CS-car wash. MS-squeezes kisses hugs. ZY-snooring long talks. JB-work it! my number one. JA-love your dancing. TG-LUG! Szechuan. JJ-herbified basement VM Christmas 98 foot massages I love you lannu! TANPERMS MG (words from the wise)-GB park mo-west prowlers. JS-snoopi JB CB BB-show me love. CB-NB-RRH-AG-AK-PC-KD I love you. Now some food for thought: prankcalls Stratford-2am run/lunchtable Dr Yeh moon jakebox. HOODTHING. Vans 97 the best way to get the better of temptation in to yield to it! lol! dodi, we likes to party Bob Marley Ma, Marcello (nerde) and OLYNYK family- thanks for the constant support. I love you!

Azel Paginado

All my love and thanks goes out to Dad, Mom and Ate for sticking by my side. To Lesera, Malcolm and the little one who's soon to come. How about following in your Aunt's footsteps?! My dearest Joce: You're my sister - we have handshake and a video to prove it! My Mark: Too little space, yet you know what I want to say. Thank you for reminding me to stay up. "Heaven must have sent your precious love..." To my dearest cousin Anafni: Thanks for the chats and stay true to yourself. Little sister Jane: You're one of a kind and thanks for the tarts! J: "Grades are not the measure of intelligence" remember that! Gayle: THANK YOU! Melissa: We have similar lives! Timy: Thanks for NEVER leaving my side. Ale: Take care of yourself for me. Clarice, Liz, Keena and Ange: Thank you for the memories. Leo, Ed and Boggs: Thanks for even more memories. One thing that I've learned along this journey: ALWAYS LIVE IN THE MOMENT - GOOD THINGS ARE SHORT AND SWEET.



Cristina Piscuneri

Five years of memories, where do I begin? JC- You ROCK my world! Koolhae, Whiskas. Get down to it, bacon and egg without meat. Concertbud, rap (PLUFFSTINA), WONDERLAND! We will forever be roadtripping sisters. MJA- You always know how to make me smile. Analogies, BLUE, See III, CROWN, our musical connection (DMB, RHCP, SG). EUROPE 2000! The list goes on. MP-Concerts '09 / 20/99 equals Our finest day! MS- Want to play chess? number one Butty fans! JF, MB, CM, MS, MJA, AK, JL, JC, MP- PLFL gang! thanks for being there. JC-my famous people buddy (SUGAR)! MP and TL- We've been through good and bad, but we've managed to survive. My life would not be the same without you. To the class of 2000, you have each made an impact on me, small or large. Thanks for the memories.

Regan Pollock

Erin go brag! It seems as though the last five years have passed in the last five minutes. I could not have done it without the help of my friends. Marly- there are benefits involved! Cristina- September 20/99, concerts and the lunch that was so crazy. Ashley- are those boots grip free? Your gloves and the mean ruffing. Anna- my arm is killing, don't hit on me! Joey- lipstick, cnp and the other baddy on Friday nights. Melissa- the B movie, you have taught me well. Ma- Dairy Queen, the Hooff will live on forever. Vibe and CCH- downtown forever. Thanks mom and dad for all you have done. To the grads of 2000: "It wouldn't be so bad if I could take a good thing and make it last."





Nadia Prizanti

AKA Nads Grads of 2000 "Don't cry because it's over, smile because it happened." Man, it's already 10 years, what can I say? Time flies. Contre-Manière, singing! Lora: bordello-buddy, the cat who spat on my ball... we're still going to raise cattle! Fifth May BSB, enough said! TK: overseas relations (Marty, Cali, Chile, RK, Jart, sugar AA, prime Minister 2010, Vive the Canada UNICS Math class... MM: José?! Cris: science class. Erenor, Starford "Patty Bus" Captain Johnny... to the long lunchtable thanks all the good times. Filtr: remember, especially Jay, Danny, Julio. MSMB CM JS: thanks for the laughs... BSB, Sugar Ray, Snow, Koolha, Turtle, my eyes aren't pupulating. Grazie papa, mamma e Carlo per il vostro supporto! To all those I love you and thanks! Truly good friends are hard to find, difficult to leave and impossible to forget. To making my life complete. Ciao bells and keep smiling!

Kimberly Reis

Also known as Kimmy, Kintabe, Kimbo, Kim, C'est tu colle? Fish, poisson! Sleepless nights, weekend parties, early morning breakfast (Nickels, La Belle) N.Y. '99 looking for Nelson? Summer rides in the Jeep. Camping Stratford-animals, fifteenth birthday with third sis and Vanessa. Dunkin Donuts with Tracy and Vanessa, bench?? Friday movie nights with Jeff. Jeff thanks for everything. I Love You! A.A., A.G., E.D. Thanks! T.N. my DuRoudier bud. G.C., you were always there. Grazie, NG, KPG, ACG, MD, SM, JB, EM, RK, CM: many thanks to all of you. Tia, thanks for all the good times and just for being there. Auntie cheery, Chris and Brittney: PJ parties. HOLA! Mom, Wendy and Vanessa thanks for sticking by me through it all. Dad, just knowing you are looking down from heaven gives me all the more strength. NG, KPG, ACG, MD, SM, JB, EM, RK, CM: many thanks to all of you. Life is like a walk in the sand, every step leaves a memory behind. Thanks GRADS of 2000 for all the memories.



Cristiana Rosato

Here I am writing at the last minute, some things never change. From see I Dances to Domingo it every w. Five years of laughter, million dollar lunchtable discussions, year-round Christmas carols, cheesy inside jokes, dances. "I had the time of my life." LEE, you have been there for me the whole way. Thank you. You are my best friend. KHOOK, I love you. Remember our frozen moments. Call me when you're 40. MARTA, you're my best friend. Thanks for all that we've been through. BAT, I don't know where I'd be without you- and Timmies. NICI, your daddy? I love you. ADAMO, thank you for everything. You are the most amazing boyfriend ever. I will never forget you. MOM, DAD and RICK, I love you and thank you so much. The best friends ever: we cry every year, cherish everything. I will remember every single one of you. Thank you for the memories. I will miss it all, but advice to eyebrow re-shaping, it's been random. Random but unforgettable.

Melissa Salvati

"To love is to place our happiness in the happiness of another." To the class of 2000 I thank you for making these five years (the best years of my life) I've shared the most wonderful times with you. Loyola dances, Stratford (venga bus), Retreat. MB you've been my best friend for five years, I consider you my sister (Alexis Nihon) CM, you've brought so much joy to my life (Thank) thanks for being there for me. IF you are crazy! CP you're what I want to be (buffy angel) JCLSNP you three put a smile on my face, thanks for listening. MP I've taught you well! MLOJB AK, you are my sunshines! Gen I love Chem. LP MR you mean the world to me, thanks for all the laughs and tears (diamonds) Mary you're the best godmother a girl could ask for. Mom, Dad thanks for everything I love you. To all my brothers and sisters, my life wouldn't be complete without you. To all my friends I cherish each day that we spent together. Ciao, Ti Amo



Anne Sarkissian

Cheq ca les filles, (aka Hanche). My chicas: Abigail, Dorigie, Talie, Contanti, Giovanna are the best. Sophia, Remember sec. I math, mobile home for grad. D.V.B.G., dashabustadd skits, Murphy Petey Brown drummer on the Spanish train? Or how about Patty the sheep dog. Senora, karaoke, moralines, snow days. Anna, making videos, clase de español, Funk Town, Calgary, Black Sun, and being in Vera's class five years. Train theme in Wild Geese is flak. My purple marble binder died. Driving to water slides with Prefects 2000 w. him. Listen up for Ricky Cyr, Manzy and Gio on CJAD. Fosta is a hot spot. St-Laurent and Santropol are too far from dad, Rory, fuzzy (not fluffy) Mrs. Cochran and Mlle Young, you were great inspirations. "If you accomplish anything, you can't hope it will happen. You've got to make it happen." - Chuck Norris, Walk Ranger.

Christine Saykaly

"Five years have come and gone so fast I might have been dreaming." To all my friends, thanks for giving me five great years. You have truly made me who I am today and for that I am thankful. It is so hard to believe that it is all over. Stratford and Secondary V retreat brought us together one last time, and were a perfect ending to five memorable years. Five years of tears, laughter and joy, memories that will be cherished always and carried with us as we move on. MAKKS, thank you for all the memories. High school would not have been the same without you, (JC and NP too). Hardev, you girls are the best. Projects, we had a great year, you made coming in early and staying late fun. Mom, Dad, Michelle, thanks for your love and support. To the Grads of 2000, "Friends are the best present of all." Thanks for giving me seventy-one great presents. All the memories are forever locked in my heart. Good luck and Goodbye. I will miss you all.



Rebecca Schaffer

Hello to all my CANADIAN friends! I had a blast the two years I was here! Ya'll surely know how to make a person feel welcome. IVB, VA. Who could forget Macbeth at Stratford. See V Retreat, Juv. Volleyball, Juv. Basketball. One Word: Bengay! Bishops 2000. CM-I will never forget our many talks and our outings. AK-Friendly Reminder: Who's your Daddy? SD, AS, JT-Ace of Base, wait that's not right! VZ-You are and always will be my Dancing Queen (da da de). AM-My Skiing Buddy. Hey Mia, you ain't nothing but a Hottie Mama! Jack-Watch out for the poodle. EHN! Je t'aime. Baby Kikky. Hello to all the friends back in the U.S.A. BO, TD, AI, AP-Even though we are many miles apart, we are always close at heart. Missing you! Thank you to Mom, Dad, Buffy, Billy, and Bunkey. I love you all. Good Luck to all the Grads of 2000. May all your dreams come true! "Celebrate we will because life is short but sweet for certain." -DMB

Adios, Au revoir, Chao, Synara, Good-Bye!

Lota Socciarelli

Five years have already gone by, how quickly time flew. I would like to thank two people who mean the world to me and have been there through it all: Jinny and Nadia I love you. To my parents who have always been great support, my best friend Gio and brother Steve thanks for everything. Never forget caillottentrezmor, LFD sleepovers, ppleddup at 3am Southpark for that's for you. Camping forever Simon remember Nadia! The dome "picture this... my ways." Captain Johnny Kouala bear, bordello, furball, armagennon. "My eyes are not pupulating." to GB you're the best. Tani you're the bomb watch the stars! Giovanna you have been there through it all thanks you know what mean. Never forget Stratford Jim keep on sleeping. To Melissa Salvati you are my hero. Mommy thanks for always helping me get through the tough times... math 536. Vanessa I haven't forgotten you Pina, cate. To all of my friends love you and good luck to the class of 2000 Gio.



Miranda Stavrides-Eld

It's been five years and I wouldn't have made it without you all. Ange-7:30 train, I knew you'd miss it! You owe me about \$10,000! Coan-Don't forget the letters, I found the only one who understands. I'll meet you out in California sometime. Friends forever and ever, Véro et Élise ne s'oublieront jamais! Tu chantes bien, Félix Liedert. Mom-Family-TZ-Thanks for your persistence and your love. RDT-Thanks for not giving up on me completely. Tany, have you grasped the concept of using an ATV yet? Thanks for always being there, for the job, and for the math. Moon, "Looks like we made it" I love you. JW-KL-PC-Vino-Thanks for your support. Shiyani-I love you, you'll get to physics don't worry! PK, although you may never see this, thanks for listening, always follow your dreams. LP and AP-Thanks for your friendship and your loyalty. It means the world and you're both very special to me.

It's finally over, good luck to all of you.

Julia Talsic

"They love me like I was a brother, they protect me, listen to me. They dug the my very own garden, gave me sunshine, made me happy. Nice Dream." RH-Remember Czechoslovakia, "Je te plumerai le moccasin" SG was tops. The bear is hairy. AS-good spanking Punk Town Fun was revealed to me by you. JA- "Half of what I say is meaningless." Hel and back and still loving you-10 to 5.5. love M&P. My sapphire and trapped up rings live on in both your and Anna's fingers. MJA- Glazra and scum on Sarah's head! VMZ. You are the petunia of my field! Thanks for listening, I love you for it. A.D. "Les jeux sont faits" -ER. A.M. "you still look pretty when you're putting the damage on." 1034 ok? B.S- best American around. Thanks to Mrs. C- sports do keep me sane. Thanks family! Mom- "I'll never glow the way that you glow." I love you all. "Oh it's such a perfect day, I'm glad I spent it with you. Oh, such a perfect day. You just keep me hanging on." LR





Liana Tassone

"We come into this world alone, and alone we leave it. And between the entrance and the exit, we spend our lives looking for companionship." These five years have gone by so quickly, it's all been a dream. So many memories, the way: Do you want it? Jenny, will you accept my charges? Invisible reaction, air guitar hatred, lunch conversations, french men, Stratford, Sec V Retreat. Ang, we can dance! Marta, I can always count on you for me up with your crazy laughs! Chris, we've been through so much together in the past five years, thanks for listening and being positive but most of all, for being the best friend that you are. To the lunch table, I'll miss you! [A, A.A, J.B, J.L, J], A.K, T.K, R.K, J.L, M.M, M.L, C.R, C.S. Thanks to my cousins T.T, C.F, Mom, Dad, Adriano, thanks for believing in me, I love you. Grads of 2000, I'll miss you! "The hardest part of moving is not looking back."

Angela To

Where to commence? I'm getting ice. Vocal ISMF in Toronto was unforgettable! Such craziness. Making sure that's ice tea! HP and TLN equals R&B dancing in JVC CM-LM. Baby that's Too Close! LK, the groovy rhymester! Secondary V entertainment-Barbies? CA knows how to party! EL you might be the center of the universe but all the stars shine down on me! MH, is this it? It's crooked. Ms. Antonini, no, I'm not eating in class. CC: You know I do!! Mr 9.30am pages. Hummer. I'm a good girl! TC-Fruit punch? Bio: Now that that's all clear! MP, flute? five granola bars a day. TCQ puke! Gap line green clothing? "You are so money?" CL and TL-summer, bikinis and makeovers? Who's hair is burning? Can't forget track and field: number thirty-three meat? Cuba! Getting some fresh air! RC takes Jang showers. Asian Avenue addicts? Stratford was amazing! Erindale park memories. Driving? Shopping and Starbucks? Can't forget Uba-I miss you! Much love and thanks to my family and friends!



Vinodiyand Vijayarajah

I can't believe that we are finally graduating. Karma babu! up kaseho!! You momo food trader. Hey, what's up remember Stratford, climbed on top of the tree. Ms. Antonini chasing us with our pyjamas while we try to sneak in to each others room. Oh karma I will never forget the elevator bouncing up and down HELP!!! rock, there is one who is trying to teach you bio and you trying to teach me art. Remember liquid paper on the Hey Mami trying to die my long hair ha ha. Hey Marie, religion lover. Hey Bam! remember Frensis Frensis. Karen carrot muffin, jen barbecue lover.

Judy Wong

To all my friends: good luck and enjoy life to its fullest!! Momo and PBunny: thanks for having been my friends, you've both taught me a lot about this messed up universe, and I know for sure I'll never forget you guys, you were a huge part of my life and you helped me endure my troubled little existence a whole lot more than I would have without you (believe it or not)! I hope you will live happy in the future and hopefully we will still be a part of each others lives. If not, I can sincerely say I'll miss you all terribly. Even so I'll always be there for you, always have been. I don't know what I would've done without you guys!! Momo- there's still a chance for you and Teru! Don't give up! We can always dream can't we? PB- Keep in touch! "what goes around comes around." don't base your life on this quote because life's just not like that, I rather much prefer "Of all the things I've lost, I miss my mind the most." P SAYONARA!!



Ginger Yee

"A man has a friend like you once in his lifetime if he's been blessed by the stars..." Thanks Tamisha and for always being by my side throughout the tough times. I could not have gotten through these years without help and patience. Lisa and George, I will always remember our morning soap opera recaps. Caroline, thanks for the help, especially in math. Thuy-Lan, don't forget our wonderful French class. Lisa, thanks for all the embarrassing situations (movies) and your advice on all my never-ending dilemmas. I'll always create my own soap opera as you never cease to amaze me, thanks for creating havoc in my already hectic life. Mom, Dad, Chris, Laval, I love you and am forever grateful for everything, thanks for putting up with my crazy mood swings. "Friends not only together when they are side-by-side, even one who is far away is still in our thoughts." Ludwig Beethoven.

ra Maria Zissla

My close friends AD, we'll be in cafés surrounded by poetry until the end (if there is one)! Thank you for listening and understanding... MB, "friends are treasures"-HB, your heart is a ruby that does not stop shining ACS, thanks for the laughter Hanché, my chukita remember the songs, Pete the unknown sheepdog TT, you will be the petunia in my field forever babe, Sec III study hall will live on for us! SD, don't ever stop singing your Indian song, Pizza Way it wasn't the same when you moved JA, Flubbergosh says to you "bricks cannot break your rippling smile, only squirrel cat..." BS, don't ever stop dancing! TH, I'll never forget you! Gligor, you make a real difference! Teachers thank you infinitely! Mommy and baba, you are my lifelines, without you I would not overcome the tidal waves. I love you... "To see the world in a grain of sand, and heaven in a wild flower, to hold eternity in the palm of your hand, minute in an hour"-WB.



Who we are

Dedicate this to all of you

Do not think you are small and that your contribution was insignificant. You are not small and no gift or talent shared is insignificant.

You are impressive for what you have overcome

You are a hard worker

You are a food vacuum

You always say hello

You are everywhere

You are gentle yet strong in your own way

You are a cheerful Jesus

You are sporty

You are the thinker, the philosopher

You haven't figured me out yet

You are the joker

Your many firsts are impressive

You are enthusiasm - it is infectious

You are a sweet song

You are a princess

Your faith is an inspiration

You are a voice that is always heard

You have come a long way

You have come along way too - not only in distance

You have a certain wisdom beyond your years

You feel invisible yet I know you are there

You are a good listener

You are sincere and honest

You are very responsible

You are the C.E.O.

You are quite a character

You are always smiling

You, I still cannot figure you out, but there is still time

You are compassionate and generous

You are independent

You are a truly lovely person

You will always be a Happy Birthday

You always say hello

You were once shy, not so much now

You are a cynic - this reminds me to question

You are indecisive - I think

You are a solitude - sometimes I am envious, other times I want to help

You are adversity

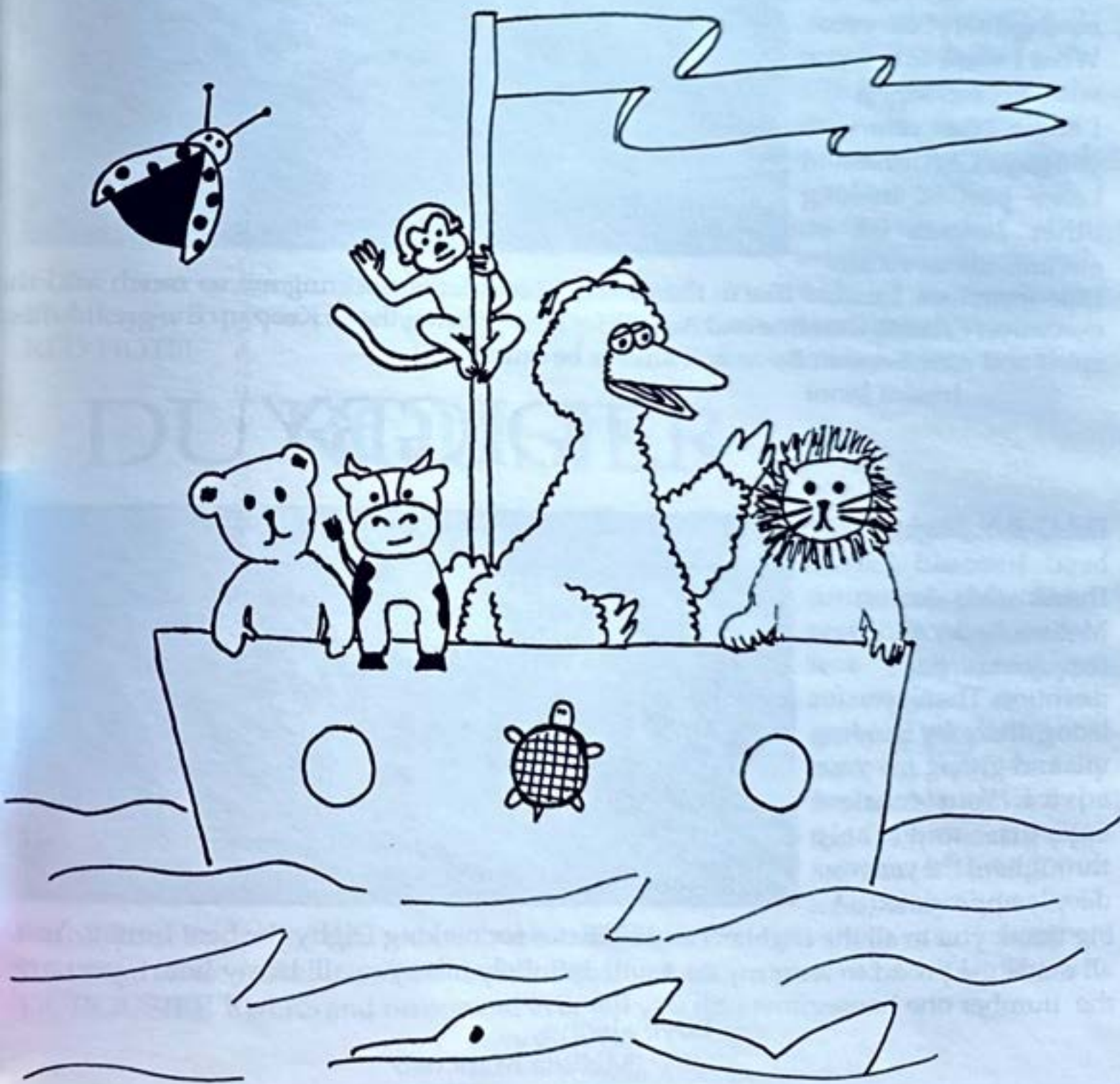
You are a quiet presence

You are the accountant.
You are thinking more of others now.
You are a true friend.
You joined us later and we are very lucky.
You are very well organised.
You are far from home, but close in ours.
You reach out in your own way.
You are 17 going on 25 - slow down.
You are grace and poise par excellence.
You are boys, boys, boys.
You are our techy.
You sat there quietly while your friends made all the noise.
You are a coloured pen.
You are a bright smile.
You are beyond description in the best possible way.
You are an entertaining writer.
You are willing to learn and overcome.
You are a mind at work.
You are a good and generous spirit.
Tu es français.
You are considerate and inclusive of others.
You are too much jewellery.
You are a piece of sunshine.
You are a silent helper of others.
You are a hard worker.
You are getting better.
You are a pleasant surprise.

Mr. Hammett
Secondary V retreat.



Houses



BARAT

Hello fellow Baratians,
The 1999-2000 school year is over and a new one has begun. I hope that all of you are having a very beary year. What I want to tell you with this message is that I had a great year with you guys. Christmas and beach parties, making other houses oh so envious of our rockin' little festivities. I would like to thank Ms. O'Neill for supporting me so much as executive: Parmal, Caroline and Angela for always being there. Keep up the great spirit and remember that Barat will always be number 1!

Jessica Ianni



DIGBY

D-I-G-B-Y, Digby is the best! I would like to thank Ms. Antonini, Melissa, Becky and Tania for your time and devotion. Thank you for being there by guiding me and giving me your advice. Your constant support and help throughout the year was deeply appreciated. A big thank you to all the Digbians and affiliates for making Digby the best house. You all made me proud to wear my tie. I will definitely miss you all. In my heart, you are the number one house.



Love always,
Melissa Mancuso

DUCHESNE



Dearest Duchesne: This has been the most amazing year! I am so glad to have had the opportunity to be YOUR House Head. You girls have taught me so much and have changed me for the better. A special thanks to my *shnazzzzzy* executive, to the wonderful affiliates and

to the most understanding house advisor ever, Ms. Mastro. To all the ladybugs: Thank you for your perseverance, participation and effort. You are all absolutely RED HOT!!!

Endless thanks, Jessica Jekkel

DU ROUSIER



Being your House Head this year has been one of my dreams come true. I am really fortunate to be surrounded by an absolutely amazing group of people. You've made my last year really memorable and I hope that I have done the same for you. Thanks Olive, Jules, Thuy and Miss D

for all your support, I don't know how I could have done it without you. Remember that our house will always be known for the most enthusiasm and don't let that die. DUROUSIER RULES and no one can ever tell you differently.

Love always,
Angela Alberga.

HARDEY

To my favourite Hardey members, you girls are the best. You ALL made this year amazing for me. Keep the house spirit you have in your hearts alive. You girls made this year so much fun. Never let anyone tell you that orange isn't beautiful, because as members of Hardey, we know it is the BEST! Special thanks to M. Soret, Vera, Angela, and Catherine - you all helped so much. The way things are going, we will always be number 1! Thank you for memories!

Christine.



SHELDON

This has been a great year for Sheldon! Thank you to all Sheldonites for your spirit and enthusiasm. You are what makes this house special! I had lots of fun being your house head and will have many memories of this year. Thank you also to Victoria, Danielle, Marilena and Miss Potter



for helping me with Sheldon House. And remember, wear the colour green with

Luv,

Jen

STUART



To my dearest Stuart members: this year has been an extraordinary experience. I would like to thank you all for your continuous support throughout the year. Ginger, Priya and Lindsay you are the best! Mrs. Brues, Mrs. Cumming, Mme Habachi,

Mlle Young and Mr. Bahou, your guidance and help during the house meetings is greatly appreciated. Keep it real Stuart! "I just can't get enough. I just can't get enough. I just can't seem to get enough of BLUE."

Jocelyne

TRINCANO



Well girls, it was a great year. I had an awesome time being your TRINCANO House Head. I could not have done any of this without the help of Kristen. Thank you a thousand times. Vanessa and Natasha, you two are the best! And to my Sec. V co-captain, Karma

thanks. To all my Trincanians, keep up the pride and remember, purple cows make the BEST mascots!

Love you all,
Carolyn

RETREAT

1999-2000



Secondary ONE retreat

Taking seventy-five secondary one students to Ermitage Ste. Croix is no easy task, but we secondary ones of 1999-2000 you are sure to have a great time.

First of all, our bus ride was very interesting. With three-fourths of the bus singing all the secondary one songs on the charts, some of us felt for the driver and we are pretty sure that Mr. Han did not enjoy it very much.

As we pulled in at the Retreat House, Ms. Mastro was there waving and beckoning for us to come inside because the movie was about to start. We all found our seats and watched the movie which was very enjoyable.

After that our lunch was set out for us in a beautiful room overlooking the grounds. We ate some of our favourite foods and complained when Ms. Mastro told us we had to eat our french fries with our forks.

Following our luncheon, we all headed back to the room where we had watched our movie. We made our class of 2003-2004 banner. This was probably the most enjoyable moment of the retreat. We were all together getting to know each other and having a great time doing it. When the banner was finished and seventy-five little paper girls, all individually designed were stuck on, we took a group photo and received our pins. Then we piled onto the buses and headed back to St. Heart.

Our first retreat was great and we can't wait for the next one! Thanks to everyone who took part and put up with us.

Stephanie Coull IA

Secondary TWO retreat

This year's retreat was really fun. It was a time to relax and get to know students and teachers even better. This year's retreat was possible thanks to many teachers.

All the Secondary II students got together to watch a movie, enjoy a delicious meal and relax outside.

Everyone had a great time and is looking forward to next year's retreat

Written by Alexandra, Celia and Tara



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1999-2000



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Written by Alexandra, Celia and Tara



Secondary FIVE retreat

MARS

There was a girl who lived on a planet called Mars.
There was a girl whose hair caught all the stars.
Everyday she'd run around it three times,
And at night compose millions of bed-time rhymes.

Some say they saw her hair light up the sky,
Some say she looked like a shooting star as she sped by.
There was no sun in their night filled sky,
There was no sun to put light in your eye.

So her planet spoke once and she listened and heard,
"You have to fly away, fly away like a bird."
"What", said the girl, "what have you said",
"Leave my cushion and my star-made bed!?"
"Yes", said the planet, "be free at last",
"Yes", said the planet, "flee very fast",
"How", said the girl, "how can I leave?",
"How", said the girl, "I cannot deceive",
"Go", said the planet, "go far, make light",
"Go", said the planet, "that I may see it so bright",
"If", said the girl, "I must leave my night",
"If", said the girl, "I'll leave fast as sight."

So she left, found a place with her star-made bed,
And lit up the sky, at least that's what was said.
Now she is known as the sun in the sky,
At daytime she rises and at night leaves the eye.
Vera Zissis





Secondary FIVE retreat

MARS

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Now she is known as the sun in the sky,
At daytime she rises and at night leaves the eye.

Vera Zissis





ENVIRONMENT



Alexandra Adam, Blair Adam, Elizabeth Biscotti, Chloe Boone, Jocelyne Bustamante, Michelle Cadieux, Elise Carré, Jennifer Chan, Giulia Carvaglia, Sarah Doig, Danielle Dufort, Parmal Gahunia, Angela Gillis, Catherine Han, Valerie Hanna, Anna Hatzidakis, Jessica Jokkel, Caroline Lai, Kristen Lange, Jennifer Malo, Carolina Gondra, Kimberley Miller, Thuy-Lan Nguyen, Erin O'Donnell, Bernadette Reyes, Alexandra Pakis, Jane Parayno, Carina Pereira, Romina Perri, Radhika Poduval, Elyse Quesnel, Pamela Rotonondo, Laura S. Amelia Sangsion, Anna Sarkissian, Christina Sauro, Erin Savage, Rebecca Schaffer, Catherine Snell, Margaret Snell, Lucznie Sokandarian, Ashley Stacey, Julia Talajic, Sophia Teixeira-Christostomo, Christine Tran, Natasha Tsalikis, Josee Tuvida, Jessica Wong, Vera Zissis

SHE INVESTMENT



Melissa Cousa Charley, Lisa Marie Knowlton, Elizabeth Labrie, Caroline Lai, Christine Saykaly, Angela To

CHAMBER ENSEMBLE



Madeleine Bellemare, Meredith Brooks, Pauline Chan, Kareena Coelho, Kelly Craig, Sarah Kemerer, Caroline Lai, Kimberly Miller, Thuy-Lan Nguyen, Erica Tucker, Vera Zissis

LITURGICAL CHOIR



Lidia Anber, Helen Arceyut Frixione, Megan Armitage, Tania Azar, Pamela Battah, Madeleine Bellemare, Lana Bergmame, Olivia Brassard, Christine Chan, Pauline Chan, Georgia Chronopoulos, Bethea Clarke, Kareena Coelho, Melisa Colabeila, Tania Conca, Sabrina De Cristofano, Stephanie Embriaco, Catherine Fernandes, Chiara Folini, Angela Gillis, Caroline Hacikyaner, Lisa Marie Knowlton, Poulcheria Kyres, Caroline Lai, Stephanie Lai, Natasha Laszchuk, Priya Maloni, Victoria Mandilaras, Jennifer Marton, Magda Miedzybrodzki, Amanda Naomi, Alessandra Pansera, Jane Parayno, Manoj Pereira, Romina Perri, Anna Sarkissian, Catherine Snell, Margaret Snell, Natacha Tardio, Vanessa Tardio, Christine Tran, Josee Tuvida, Jessica Wong, Ginger Yee, Vera Zissis



VOCAL ENSEMBLE



Helen Arceyut Frixione, Nicole Arvanitakis, Simrin Aulakh, Madeleine Bellemare, Marilena Bono, Meredith Brooks, Emma Cerulli, Pauline Chan, Kareena Coelho, Kelly Craig, Clarissa De Souza, Jaclyn Finn, Raissa Harasymowycz, Melissa Herico, Sarah Kemmerer, Caroline Lai, Kimberly Miller, Thuy-Lan Nguyen, Hazel Paginado, Jane Parayno, Manoj Pereira, Melissa Salvati, Anna Sarkissian, Christine Saykaly, Neelu Shanker, Angela To, Erika Tucker, Vera Zissis

CHORALE



Sarah Al-Roubaie, Sofia Baig, Madeleine Bellemare, Lana Bergmame, Catherine Bornasal, Halina Bruce, Gabrielle Cadieux, Elaine Chan, Christine Chan, Emily Chan, Bethea Clarke, Patricia D'Souza, Amanda Elvidge, Jenika Ferretti-Gallon, Natasha Forgoes, Candice Fournier, Laura Interdonato, Natasha Laszchuk, Emélie Larivée, Victoria Mandilaras, Natalie Melikoff, Kimberley Miller, Elizabeth Nancouze, Napolitano, Jane Parayno, Veronika Pausova, Katia Pazzia, Manoj Pereira, Mi Li Say, Ashley Stacey, Monisha Sudarshan, Linda Tan, Tran, Natasha Tsalikis, Josee Tuvida

TAE-BO



Amanda Naami, Jocelyne Bustamante, Tania Azar, Sabrina Colonello, Vanessa Cori-Manocchio, Amanda DeRosa, Christine D'Amico, Cynthia Di Giandomenico, Anne-Marie Fook Chong, Laura Interdonato, Clarice Ma, Amanda Vecchio

PUBLIC SPEAKING



ALL
said
and done

Meredith Brooks, Catherine Evans, Laura French-Bourgeois, Carolina Gondra, Natalie Melikoff, Christine Nicol, Tiffany Poirier, Natasha Rizzo, Laura Sanchini, Serena Trifiro

CLUB DE MOTS



Christine D'Ascanio, Catherine Evans, Laura French-Bourgeois, Elisabeth Lantosh, Amanda Parry, Elyse Queniel, Amanda Varano

GYMNASTICS



Margaret Snell, Teedah Hammer, Iona Fournier-Tombs, Stephanie Coull, Vanessa Clarke, Lydia Anber, Elyse Queniel, Sacha Lee, Sabrina Di Giandomenico, Sophia Protopoulos

CHRISTMAS WISHES PRODUCTION



Jessica Abbey, Julia Ahlgren, Lydia Anber, Megan Armitage, Jennifer Berry, Meredith Brooks, Olivia Del Torto, Sarah Doig, Alyssa Esposito, Chiara Folini, Kristen Lange, Erin O'Donnell, Marta Lina Olymk-Lucich, Briel Simon, Alicia Trolle, Tara Wong, Vera Zissis

SPORTS

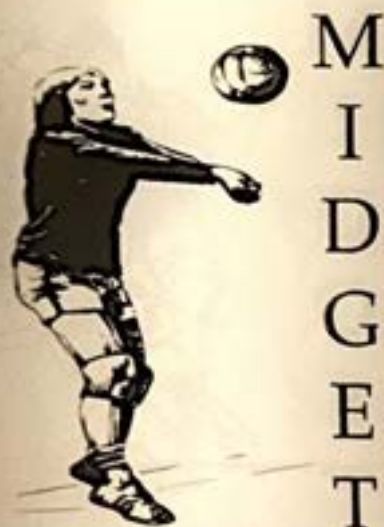




BANTAM

Volleyball

Christine Chan, Bethea Clarke, Kaitlin Duffy, Jaclyn Finn, Alicia Hammer, Elisabeth Lantosh, Natasha Laszchuk, Lailani Joy Reyes, Serena Tnfiro, Georgia Vrinotis, Keyinsha Yokenderan



Kelly Abdelhay, Danielle Dufort, Christina Getsios, Jacalyn Guy, Lisa Marie Henderson, Sarah Kemerer, Catherine Kishfy, Lisa Sew, Linda Tan, Erika Tucker



JUVENILE

Tania Azar, Olivia Brassard, Pauline Chan, Caroline Lai, Priya Maloni, Gabrielle Masse, Hazel Paginado, Rebecca Schaffer, Natacha Tardio, Vanessa Tardio

BANTAM

Basketball



Amanda Barile, Elizabeth Biscotti, Rebecca Boucher-Hammaker, Halina Bruce, Nicole Brunelle, Elissa Ciamarro, Olivia Del Toro, Alexandra Doroshenko, Karina Frascetti, Laura French-Bourgeois, Celia Lombardi, Marilyn MacKenzie, Deidra-Ann Santos, Alicia Trull



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Blair Adam, Tania Aquino, Nicole Arvanitakis, Alexandra De Souza, Natasha Lam, Meagan Malone, Priya Maloni, Kimberly Miller, Lisa Snell, Catherine Snell, Natacha Tardio, Vanessa Tardio



JUVENILE



Helen Arceyut Frixione, Jocelyne Bustamante, Kalifi Ferretti-Gallon, Alejandra Ganem-Cuenca, Catherine Han, Amanda Nardone, Hazel Paginado, Jane Parayno, Anna Sarkissian, Rebecca Schaffer, Julia Talajic, Liana Tassone, Vera Zissis



BANTAM

Soccer

Martha Aguilar, Rebecca Boucher - Hammer, Kathryn Calabrese, Stephanie Charron, Tanya Chawla, Elissa Ciamarro, Amanda Conca, Amanda DeRosa, Peggy Gikas, Sara Henderson, Vanessa Lombardi, Aviva Masella, Jessica McBain, Vanessa Portuga, Christina Rizzo, Katherine Stavro, Natasha Tsalikis, Laura Varnelli



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Elizabeth Biscotti, Amanda Cavaleri, Emily Cholette, Tania Conca, Justine Farah, Chiara Folini, Angela Gillis, Natasha Lam, Celia Lombardi, Meagan Malone, Genevieve Portuga, Melanie Portuga, Clare Pollock, Meaghan Rath, Maryann Rusnak, Neelu Shanker, Stefania Simeone, Margaret Snell



JUVENILE

Blair Adam, Lindsay Charron, Jennifer Cholette, Melisa Colabella, Alexandra De Souza, Julia Fazzari, Rita Forlini, Tamisha Harris, Cynthia Leroux, Cynthia Lombardi, Nadia Primiani, Pamela Rotondo, Amelia Sargisson, Erin Savage, Catherine Snell, Julia Talajic, Alicia Trolli, Arianne Weekes



Megan Armitage, Alexandra Crevier, Justine Farah, Eleonore Fournier-Tombs, Myriam Fournier-Tombs, Manoj Pereira, Anna Sarkis, Erin Savage, Catherine Snell, Julia Talapic



Vanessa Cori-Manocchio, Claudine Courey, Alexandra Crevier, Alexandra Di Cori, Justine Farah, Myriam Fournier-Tombs, Dana-Jay, Anuradha Sharma, Sarah Zullo, Blair Adam, Simrin Aulakh, Chloe Boone, Kelly Craig, Clarissa De Souza, Elisabetta Di Niro, Danielle Dubois, Chiara Folini, Claudia Gerarduzzi, Caroline Hacikyaner, Catherine Han, Myriam Luccisano, Magda Miedzybrodzki, Amanda Nason, Alessandra Pansera, Stephanie Pascale, Carina Pereira, Romina Perri, Sharlini Ratheenthiran, Catherine Snell, Natacha Tardio, Vanessa Tardio, Arveen Ahluwalia, Alejandra Ganem-Cuesca, Carolina Gondra



Megan Armitage, Tanya Castellino, Carris Cook, Christine Nicol



Tennis

Sarah Al-Roubaie, Michelle Cadieux, Jenika Ferretti-Gallon, Candice Fridman, Natasha Laszchuk, Natalie Melikoff, Alia Menon-Charet, Ariel Simon, Serena Trifiro, Pamela Battah, Meredith Brooks, Caroline Hacikyaner, Sarah Kemerer, Poucheria Kyres, Genevieve Portuga, Linda Tan, Pauline Chan, Melissa Coussa Charley, Kalifi Ferretti-Gallon, Rae Kishfy, Mira-Lyn Lu, Melissa Mancuso, Rebecca Schaffer

BADMINTON



Christine Chan, Claudine Courey, Jaclyn Finn, Peggy Gikas, Elisabeth Lantosh, Natasha Laszchuk, Radhika Poduval, Natasha Siao Vee Sin, Sophia Teixeira-Crisostomo, Serena Trifiro, Blair Adam, Tanya Castellino, Alexandra De Souza, Genevieve Portuga, Melanie Portuga, Sharlini Ratheenthiran, Neelu Shanker, Linda Tan, Jessica Wong, Julia Ahlgren, Megan Armitage, Pauline Chan, Elizabeth Labrie, Caroline Lai, Kristen Lange, Thuy-Lan Nguyen, Christine Saykaly, Julia Talajic, Vera Zissis



CROSS-COUNTRY Skiing

Betha Clarke, Caroline Hacikyaner, Carolina Gondra, Jill Sample, Lisa Zimanyi

Swimming



Sara Antunes-Alves, Olivia Brassard, Gabrielle Cadieux, Emma Cerulli, Lindsay Charron, Stephanie Charron, Tania Conca, Alexandra Croteau, Eleonore Fournier-Tombs, Candice Fridman, Jacalyn Guy, Pamela Hamilton, Laura Interdonato, Christine Layden, Nancy Napolean, Alexandra Pakis, Meghan Rath, Caroline Roy, Baminee Sabaratnam, Keyinsba Yokenderan



Jessica Abbey, Pamela Battah, Kristine Bobak, Nicole Brunelle, Carris Cook, Sabrina De Cristofano, Jennifer Hicks, Anna Kamatera, Kristen Lange, Joana Little, Jennifer Marton, Katherine Sullivan, Jessica Wong, Vera Zissis



Angela Alberga, Lydia Anbet, Helen Arceyut Friscone, Sofia Baig, Meredith Brooks, Michelle Cadieux, Emma Cerulli, Vanessa Clark, Kelly Craig, Cynthia Di Giandomenico, Catherine Evans, Eleonore Fournier-Tombs, Iona Fournier-Tombs, Laura French-Bourgeois, Candice Fridman, Evelyn Hatzithomas, Jessica Ianni, Jessica Jekkel, Tania Khoo, Myriam Luccisano, Marilyn MacKenzie, Melissa Mancuso, Stéphanie Maurel, Constantina Nicolopoulos, Katherine O'Brien, Marta Lina Olynyk-Lucich, Diana Peronace, Sophia Protopoulos, Cathy Religa, Sonia Religa, Jill Sample, Natasha Sao Vee Sin, Liana Tassone, Erica Tiseo, Tara Wong, Christina Zakem, Lisa Zimanyi



MIDGET TOUCH



Elizabeth Biscotti, Nicole Brunelle, Stephanie Charron, Emily Cholette, Melisa Cianci, Vanessa Clarke, Olivia Del Torto, Summer-Marie Joseph, Christina Little, Vanessa Lombardi, Jessica McBain, Meghan Rath, Stefania Simeone, Katherine Stavro, Sophia Teixeira-Crisostomo, Serena Trifiro, Keyinsha Yokenderan



JUVENILE



Blair Adam, Lindsay Charron, Jennifer Cholette, Melisa Colabella, Alexandra De Souza, Cynthia Leroux, Priya Maloni, Jane Parayno, Maryann Rusnak, Erin Savage, Rebecca Schaffer, Catherine Snell, Julia Talajic, Alicia Trolie



Christine Chan, Emily Cholette, Amanda DeRosa, Ivana Di Leo, Justine Farah, Myriam Fournier-Tombs, Kathleen Koufos, Christine Layden, Sacha Lee, Marilyn MacKenzie, Pamela Rotondo, Natasha Siao Yee Sin, Erika Tucker, Georgia Vriniotis, Tara Wong, Sarah Zullo, Chloe Boone, Danielle Dufort, Eleonore Fournier-Tombs, Angela-Catherine Gillis, Melissa Quinto, Megan Armitage, Tamisha Harris, Caroline Lai, Elizabeth Mow, Thuy-Lan Nguyen, Anna Sarkissian, Angela To, Ginger Yee, Vera Zisis

special
events



B R E A S T C A N C E R W A L K

On September 23, six sister schools came together for a very special cause. SHSM, Villa Maria, QAA, the Study, Trafalgar, and ECS all walked to raise money for Breast Cancer Research. Alone, SHSM raised approximately 24 000\$. Together, we raised approximately 130 000\$.



You are the wind beneath our wings.



A lot of hard work, determination, staying, afterschool and late nights, all came together on February 11, 2000. A talent show was performed before the school to show appreciation for our teachers. We had many laughs and a lot of fun putting it together. Thank you Faculty for your help, you are the wind beneath our wings.



DRAMA



After many long hours of rehearsals and late nights, the drama productions "*When Shakespeare's Ladies Meet*" and "*Chamber Music*" opened their doors on March 29, 2000. Spectators enjoyed two one act plays full of quick witted comments and playful rhymes. In "*When Shakespeare's Ladies Meet*" Juliette's friends come together to give their advice on love and end up learning a lesson themselves. In "*Chamber Music*", seven "special" characters come together in a meeting to find a way to destroy the men's ward of a mental hospital.

P R O D U C T I O N



HALLOWEEN





CINCO DE MAYO



LE FRANÇAIS, ÇA ROULE

Le mardi 7 mars 2000, l'école a passé une journée mémorable à la Sucrerie de la Montagne. Arrivés à destination, nous fûmes accueillis par une équipe dynamique et sympathique. Après avoir fait le tour de la propriété en camiole, nous participâmes aux jeux sportifs jusqu'à l'attente du point clé de la journée : le gargantuesque repas du temps des sucres. Réunis dans une immense salle à manger, des dames habillées à l'ancienne nous servirent les spécialités de la maison. Pendant que les uns se restauraient, les autres, accompagnés du traditionnel groupe musical québécois, dansaient aux sons de rythmes extravagants. Après le jeu de la cuillère et avoir dépensé quelques grammes superflus, nous arrivâmes au moment tant attendu de la journée : la tire. Heureux et ravis de cette journée, nous repartîmes avec, encore, le goût du sirop aux coins des lèvres.

Magnifique tradition !!!, nous espérons la revivre l'année prochaine.



May 6, 2000, Sacred Heart, Villa Maria, Queen of Angels and Loyola participated in the annual Walk-A-Thon. We walked 30 km starting at Loyola then to the Old Port and back. We walked to raise money for the charity, Fonds du Dépannage du Nord-Ouest de Montréal.



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ART AND LITERATURE



Christina Sauro-Secondary II

A Shadow of Death

Inspired by *Wild Geese* by Martha Ostenso.

It was an hour of crystal-clear perceptions
I saw in black and white
the sacrifice were my liquid dreams
falling like droplets of manna,
the food that feeds this beast
hidden within the man.

This demon lives through me,
builds towers of fear and hate
that hold my soul captive.
The oxygen of my spirit is no more,
pain spreads like ivy
tying me down to fallow fields.
Thunder echoes through my body,
terror lies beside me, my only companion.
Rain runs through my black tendrils
I drown in rivers of blood.

Freedom is a dead dove poisoned
by an olive branch.
Salt walls are falling down on me
my ark no longer sails.
I live in fear of love
for he has shackled my
mind to the roots of wheat
all toil, no life, breath...
a shadow of death hangs over me,
I'm dead to the world.

Helen Arceyut-Frixione
IVB

The snail and The Frog

Once upon a time there lived a snail. And the snail woke up at midnight and slowly made his way to the nearest puddle. There he was patiently humming a little ditty, as he waited for the sun to rise. When the day finally dawned, he squealed a tiny snail-squeal of delight as his reflection appeared in the water. Sometimes snail ran down his cheeks as he stared, transfixed, at the reflection before him. "What a handsome snail I am!" he said one morning, completely enraptured by the brown snail face staring back at him. "How kind and elegant and humble I am! Surely the noblest of creatures."

One day, as the snail approached his usual puddle, he was shocked to find that another animal was already seated there. A large, green frog was sitting by the pool and was apparently muttering to himself.

"Hello there!" called the snail. "Have you ever seen my reflection in the pool?" he questioned, flattered at having an admirer.

"Who are you?" replied the frog. "I have never seen my own reflection. You are nothing but a snail, while I am certainly the most lovely creature ever to grace a puddle with my presence. Just look at my shiny, green skin, my attractive, purple eyes, my beady frog-eyes. Have you ever seen an amphibian so devastatingly handsome?" The snail stared at the frog in amazement. He was not at all! The snail thought and thought and decided there must be some mistake. He then gathered his thoughts and proceeded to explain, very slowly and clearly so that the poor, dim fellow would understand, how utterly confused he was in the matter. The frog pitied the unfortunate snail who was obviously delusional, and took it upon himself to comfort the poor soul. The frog moved a step to the left of the puddle so that the snail could have a better view of his glowing green visage.

Just then the sun began to rise. The frog and snail held their breath as they peered intently at the puddle. From somewhere in the brush came the echo of approaching footsteps. It grew louder and louder and then suddenly halted behind a shrub. Unfortunately, the animals were oblivious to the noise; their attention was firmly fixed on the water. By then the sun was up, and the snail and the frog were busily basking in the respective glory of their beautiful. Suddenly, the rustle of leaves was heard and the animals watched in horror as the reflection of a mysterious man with a tall white hat appeared in the water. Before they had a chance to scream, the man had whipped out a brown sack and scooped up the terrified creatures into it. A second man, dressed in white, burst into the clearing. Holding up the sack, the first man grinned and exclaimed, "La belle! Hors d'oeuvres!"

Moral: Beauty is in the eye of the beholder, but one looks good in a tasty garlic sauce.

Catherine Evans
IIC

on the bus, wearing my new pink dress.
 I was scared.
 I moved to my mom from the window.
 I wrote my name on the seat right behind the
 seat.
 We were already sitting in it.
 I sat down beside you and asked your name.
 I told you I was really scared to start school,
 I told me we could be friends.
 Years went on, and we became closer.
 Best memories are with you.
 I was in the park,
 I was sitting at night,
 I was writing love letters to the boys in our class,
 I would go on forever.
 Whenever you were, I was there.
 Whenever I was, you were there too;
 I loved you. You were my best friend.
 I remember waking up one morning,
 I was sitting beside my bed,
 I was waiting for me to wake up.
 I loved you being the first I saw when
 I woke up.
 We were inseparable.
 We never had one fight.
 You stood up for me, and I did the same for you.
 I remember the day my mom told me you were
 sick.
 I didn't care, you were going to be fine.
 You had to, you were my best friend.
 I remember your last birthday party.
 You didn't have any hair.
 I still loved you.
 You were the strongest person I knew.
 I remember the day,
 I got in the back seat of my mom's car.
 He told me to get in the front seat.
 I sat down and smiled.
 He started to cry.
 You had died and so did a part of me.
 I loved you.
 I've moved on since then.
 I have gone on with my life,
 I've found new friends, and had great times.
 I never forgot about you though.
 I've been thinking a lot about you.
 I want you to know I love you.
 I haven't forgotten about you.
 I wish there was a way I could tell you.
 I hope you can hear me when I say this aloud.
 You mean so much to me.
 I saw you in my dreams.
 You were not little like I remember you.

You were grown up.
 I knew it was you.
 You were so beautiful.
 I hugged you, and I am glad that I did.
 That is the closest I can come to you.
 Sometimes I pass your old house.
 I cry every time.
 Your dad and your brothers still live there.
 I see them around.
 They are so big now.
 They are happy.
 They really loved you.
 They were always good at loving people too.
 I hope you are not mad at me.
 I really haven't forgotten you.
 I hope you are watching over me,
 I want you to know I really miss you.
 A part of you still lives in me.
 You have helped to make the person I am
 today.
 You are my favorite person.
 I miss you.
 I love you.
 You are my best friend, how can I not.

Joey Little VA



Cynthia Fazzari
Secondary III



Masks-Secondary I

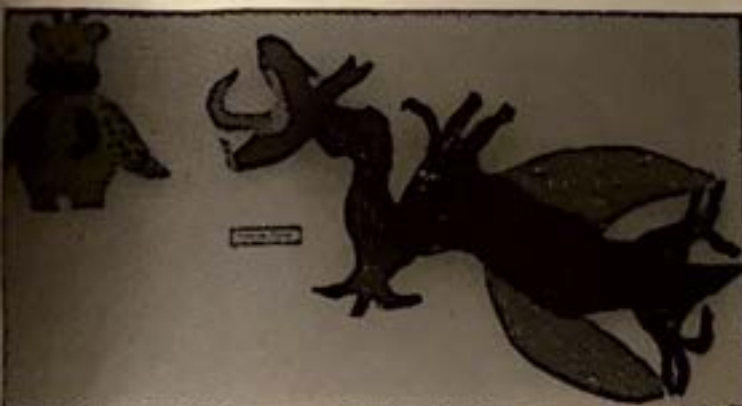
La Guerre

C'est l'enfant qui pleure
 C'est l'enfant qui meurt.
 Dans le vide de la nuit,
 Ils entendent tout le bruit.

On prend nos fusils
 On lance nos bombes
 On ignore les cris,
 Quand les innocents tombent.

Il faut bien savoir
 Qu'il n'y a pas de gloire
 En prenant des vies
 Pour battre l'ennemi.

Jennifer Berry
VB



Vanessa Clarke-Secondary III

CARNIVAL 2000

Carnival began on a freezing-cold winter afternoon with opening ceremonies at Loyola. A day of bright sunshine filled with activities followed. Junior and Senior Day were a success at the Recreathèque. Everyone enjoyed rides, roller-blading and Laser Quest in Laval. The weather changed unexpectedly and our mountain day came with beautiful sunshine and heat. Skiers, snowboarders and tubers were truly themselves. Our weekend came to an end with a dance at Loyola.



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WHAT TIME IS IT?



EDITORS AT WORK



GLADIATOR GROUPIES

2000



OU LA LA-LES CINQ!



NEVER FAR FROM HOME!



OFF WITH THEIR HEADS!



CAN WILLIAM COME OUT AND PLAY?



Chloe Boone
Amanda Cavaleri
Christina Cebalos
Valerie Hanna
Christina Little
Erin O'Donnell
Helen Arceyut-Frixione
Chiara Forlini
Carolina Gondra
Caroline Hacikyaner
Catherine Han
Amanda Naomi
Jill Sample
Jessica Wong
Megan Armutage
Julia Fazzari
Alejandra Ganem-Cuenca
Christina Maselli
Cristina Piscuneri



EVERYONE ON THE BUS!



s t R a T f o r



On September 15-17, the Secondary V students, along with Ms. Antonini, Ms. Arsenault, Ms. O'Neill and Ms. MacLellan, had an experience in Stratford that they will never forget. The trip went beyond plays and Shakespeare. It was a trip filled with laughter, friends, and great local restaurant dining. We will all look back on this trip with fond memories.

Melissa Herico
and Hazel Paginado





Happy Birthday Ms. Del Torto!



SHSM's new family member-SPIRIT!



TRINCANO's new mascot



April Fool's!



I think they're over there!



Loyola boys at SHSM?



H E Y!



Hangin' wit da boyz



NERDS!!

Sec V Entertainment!



Valedictorian's Address

Mrs. Brooks, Dr. Vita Senikas, members of the faculty and staff, honorable guests, and fellow students...as I stand before the class of 2000 today, I cannot help but reflect upon how quickly five years have come and gone. I, like many in this room, recall how intimidating the gray stone exterior of this building appeared on the first day of Secondary I. However, my fears about embarking upon a new chapter in my life were immediately assuaged from the moment that I entered the welcoming hallways of this school. Many of us can remember fondly how we were greeted by warm smiles and by a faculty that bid us farewell at the end of our first day by distributing popsicles. It wasn't long before we realized that each new face at Sacred Heart would ultimately become a member of our extended family.

When we reflect upon our time together, there exists an abundance of fond memories to cherish forever: Stratford, retreats, dashabustadds, carnivals, the tales of wisdom read to us by Ms. Del Torto and most recently, Secondary V entertainment. These experiences are now drawing to a close. The Sacred Heart community has left imprints on each of our souls and they will not be washed away by time. The school has also engendered in us the ability, wisdom and strength to overcome many of the obstacles strewn in our path without compromising our beliefs. As we prepare to leave after five wonderful years, we will depart with these treasures in hand. When we walk through these hallways for the very last time, we too will leave a part of us behind.

Happiness and success are nothing without someone with whom we can share them. The faculty and students have been our support system through our hardships as well as our triumphs. We will never forget the friendships that have blossomed and though some of us may now be forced to go our separate ways, we will remain in each other's hearts. Our paths will undoubtedly cross over the years and the next time we gather as a grade in 2005. For five years, we have shared the same experiences, laughed and cried together, and envisioned similar hopes and dreams for the future. Our friends have helped shape us into the individuals that we are today. It is remarkable to observe how far we have come together and the distance we have yet to travel...

We are very fortunate to be blessed with a wealth of potential. Never before has the window of opportunity been so wide open. In our quest for success, let us remember that the most cherished treasures in life are those which are already in our midst; our families and friends. Unlike material well being, they cannot be replaced. We must not take them for granted, because once lost, everything that was once deemed so important to us dwindles to insignificance.

As the class of 2000, let us make a pledge to grasp with eager hands the opportunities that lie in our paths. To cite the words of the playwright Tennessee Williams, "In the time of your life-live. This time is short and it does not return again." It is slipping away as I speak this, and while you hear it. Each fleeting moment holds in it the key to success, but it is up to us as individuals to seek out this key in others and in ourselves. When we finally hold it in our hearts, only then can we unlock the door to eternal happiness. So my wish for all of us today, my fellow graduates, and all members of the Sacred Heart family, is that each of us finds that key, allowing us to reach our potential of success and happiness. Farewell.

SPECIAL PRIZES AND AWARDS MERITED BY MEMBERS OF THE CLASS OF 2000

Headmistresses' Memory Book Award

*Christina Maselli, Editor
Julia Fazzari, Assistant Editor*

Norman T. Byrne Memorial Prize for Public Speaking

Kareena Coelho

Sacred Heart B.L.C. Awards for English

*Melissa Coussa Charley
Kareena Coelho
Amanda DiMiao
Lisa Marie Knowlton*

*Elizabeth LaBrie
Anna Christine Sarkisian
Julia Talajic
Vera Maria Zissis*

Student Council Prize

Julia Ahlgren

Parents' Guild Prize for Social Studies

Kareena Coelho

Sister Gertrude McNamara Memorial Prize for Mathematics

Caroline Lai

Soeur Annette Archambault Memorial Prize for French Second Language

Éléonore Fournier-Tombs

Honour Roll Prizes

*Julia Ahlgren
Megan Armitage
Kareena Coelho
Sarah Doig
Melissa Herico*
Lisa Marie Knowlton**

Elizabeth LaBrie
Caroline Lai
Mira-Lyn Lu*
Thuy-Lan Nguyen
Christine Saykaly
Julia Talajic**

Angela To

**Five years on Honour Roll*

City House Foundation Bilingual Proficiency Prize

Éléonore Fournier-Tombs

Auriol Wilkins Roper Memorial Prize for Inter-school Sports

Julia Talajic

Heather MacDougall Memorial Prize for Fine Arts

Tamisha Harris

Judith Rossi Memorial Prize for Drama

Jessica Abbey

Estelle Fitzgibbon Memorial Prize for highest composite average in Science

Elizabeth LaBrie

Patty Forbes Memorial Prize for Health Sciences

Lisa Marie Knowlton

Provincial Council Award for exceptional concern for the needs of others

Kareena Coelho

Frances Smith Memorial Prize for significant contribution to the life of the school

Vera Maria Zissis

Governor General's Medal and Parents' Guild Award for the student with the highest general average

Lisa Marie Knowlton

Graduation



On our way to The Windsor...



Weekend



Yearbook Staff...



Left to right:
Christina Maselli (Editor)
Julia Fazzari (Assistant Editor)

We would like to give a BIG thank you to Mr. Bichsel, our yearbook advisor, for all his hard work and patience. And to Mrs. Brook, Mr. Kusik, Ms. Del Torto, Mr. Belec and the faculty for their support. To the yearbook staff... congratulations on a job well done! We would also like to thank all who contributed ideas, pictures and words without you this memory book would be incomplete. All the best of luck to Meredith Brooks and Alessandra Pansera, 2000-2001 editors!

Thank You To...

Pauline Chan and Mira-Lyn Lu
(special events dividers)

Nadia Primiani
(grad section and special events
write-ups)

Georgia Chronopoulos
(sorting out pictures)



Photographers (left to right)
Caroline Lai, Angela Alberga,
Melissa Coussa Charley, Vera Zissis



Computer Layouts (left to right)
Christine Tran, Thuy-Lan Nguyen,
Manoji Pereira,
missing: Kristen Lange



Layouts (left to right)
 (front row) Lisa Marie Knowlton, Angela To,
 Chiara Folini, Kareena Coelho,
 Stephanie Embriaco
 (back row) Georgia Chronopoulos,
 Pauline Chan, Ginger Yee



Miscellaneous (left to right)
 Carolina Gonda, Chiara Folini,
 Amanda Di Maio, Christine Tran

The Year 2000



YEARBOOK STAFF 1999-2000



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Congratulations!!!!

to the graduating class of 2000

Best of luck to all in the future...

Tommy, Nadia & Stephanie Alberga



"We all take different paths in life, but no matter where we go, we take a little bit of each other everywhere" -Tim McGraw

"The best kind of friend is the one you could sit on a porch with, swing with, never say a word, and then walk away feeling like that was the best conversation you've ever had"

"It is a curious thought, but it is only when you see people looking ridiculous that you realize just how much you love them" -Agatha Christie

"A friend is someone who believes in you when you've ceased to believe in yourself"

"Some people succeed because they're destined to, but most succeed because they're determined to"

"Life may not be the party we've hoped for, but while we're there, let's dance"



Always, Ang



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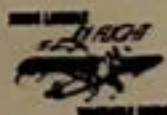
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*congratulates the Graduating Class of 2000.
We welcome you as a Sacred Heart Alumnae and
look forward to a lifetime association.*



JESSICA JEKKEL

You have made me a very proud father
One of many dreams come true

How quickly you breezed
Through the freedom of those days
Young and full of determination and confidence
Laughing, crying, working, playing, helping

You captured your inner beliefs
And fulfilled promises to yourself
So strong in your commitment to
Uphold the values that you knew would last

As you fulfilled your pursuit of excellence
And kept your hopes as bright as the morning sun
I watched

I am proud of your integrity
I am sure of your spirit
And its ability to carry you
On the winds of time

This year is bringing you one step closer
To tomorrow's choices
With many opportunities to grow
To stretch into the greatness of your mind

As you leave these precious days behind
Look ahead and laugh into the sky
And become the great woman
The world needs

CONGRATULATIONS
CLASS OF 2000



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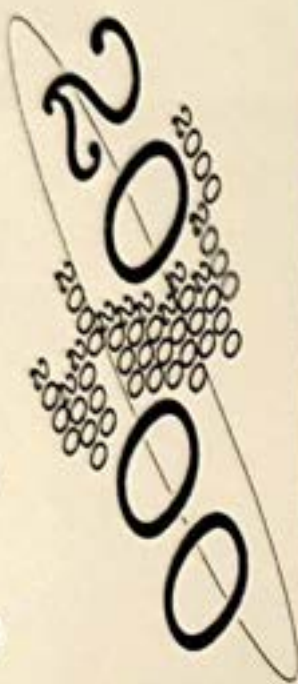
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Transportation



Sports and Games



Millennia Review

1999
2000



Communication



London/Stephen Thomas

Food



Steve Scheraga/PhotoDisc

Fashion



US Professional/Photo Disc

Transportation



Illustration: Christopher Columbus

Spanish explorer Hernando Cortés introduces horses from Spain into the New World, changing transportation and culture for Native Americans. Cortés carries out a harsh conquest of Montezuma and the Aztecs.



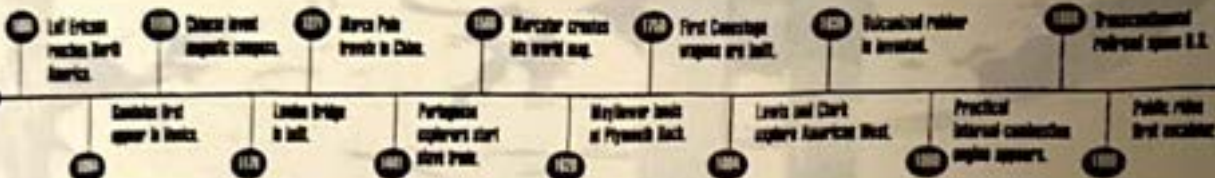
Illustration: Hernando Cortés

Stagecoaches offer public passenger service, and covering 15 miles a day is considered a good speed. The coaches travel in stages, changing horses at each stop. As a result, the stagecoach line is born.



Illustration: Stagecoach

Pilgrimages to religious sites are seen as acts of faith. Roads and towns develop along the pilgrim routes, expanding trade and communication in Europe. Beginning in 1096, Crusades to the distant Holy Land expose Europeans to Arab culture.



Pirates terrorize the seas between 1680 and 1720. One of the most notorious pirates is Edward Teach, known as "Blackbeard." The fictional Captain Jack first appears in the 1944 play "Peter Pan" which inspires books, musicals and films throughout the century.



Illustration: Thomas Paine

The first practical wheelchairs provide new mobility for those unable to walk. Early models of wheelchairs have three wheels and hand cranks to propel the chair forward.



Illustration: USS Nautilus

During the Revolutionary War, a submarine is used in battle for the first time. Built by American David Bushnell, the one-person vessel is powered by a hand-cranked propeller. Twentieth-century submarines are complex, nuclear-powered craft used for defense and scientific purposes.



Illustration: Biribark canoe

Birchbark canoes provide transportation for many Native Americans. The canoes are made with a light wood frame covered with pieces of bark sewn together and made watertight with melted pitch.

1000



Illustration: Montgolfier brothers

France's Montgolfier brothers launch the first hot air balloon. Filled with smoke, the silk balloon rises to 6,000 feet. Later that year, the first passengers go aloft—a rooster, a duck and a sheep.



From the Library

1825 Travel by rail revolutionizes land transportation. British engineer Richard Trevithick invents the first steam locomotive in 1804, but it is 1825 before railroads haul passengers.



From the Library

1863 Humans achieve powered flight. The first flight of Wilbur and Orville Wright's *Plyer* lasts 12 seconds and carries Orville to a height of 10 feet above the beach at Kitty Hawk, N.C.

1863 Subways provide a new way to get around in ever-more-crowded cities. The world's first underground railway opens in London in 1863. By 1904, New York City inaugurates its first rapid-transit subway.

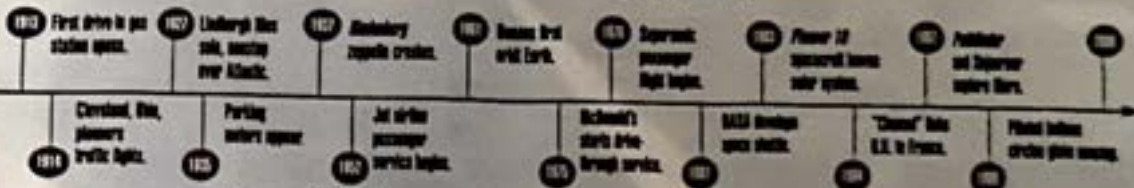


Franklin D. Roosevelt

1908 Henry Ford's moving assembly line makes cars affordable to the masses. Ford produces the first Model T in 1908. In 1964, the sporty Ford Mustang rolls out at \$2,368 and sets an all-time record for first-year sales of a new model.



Source: Smithsonian Photo



1912 On her maiden voyage, the great steam passenger ship *Titanic*, thought to be unsinkable, goes down after hitting an iceberg in the North Atlantic. Of the more than 2,200 persons aboard the ship, about 1,500 perish.



AP Photo World Photo



1956 Freeways change the nature and pace of travel in America. In 1956, President Eisenhower authorizes construction of the Interstate Highway System. By the 1990s, this nationwide network includes more than 42,500 miles of highways.



AP Photo, AP Photo

1969 Man walks on the moon. Apollo 11 astronauts Neil Armstrong and Buzz Aldrin plant the American flag 238,000 miles from Earth as an estimated 600 million people on Earth watch on television.



Harley-Davidson

1903 First built in 1903, the Harley-Davidson becomes America's best-known motorcycle in the 1950s. Raw power and a distinctive rumble appeal to rebels of the 1950s and 1960s and to business executives of the 1990s.

22000000

1998 Orbital construction of the International Space Station (ISS) begins in 1998 when space shuttle *Endeavour* crew members connect the station's first two sections. ISS is to become the largest cooperative space mission in history.



Food



1890s
In the 1890s, the first food safety laws were passed. The Pure Food and Drug Act of 1890 was the first federal law to regulate food and drugs. It was passed in response to concerns about the safety of food and drugs.



1900s
In the 1900s, the first food safety laws were passed. The Pure Food and Drug Act of 1890 was the first federal law to regulate food and drugs. It was passed in response to concerns about the safety of food and drugs.



1910s
In the 1910s, the first food safety laws were passed. The Pure Food and Drug Act of 1890 was the first federal law to regulate food and drugs. It was passed in response to concerns about the safety of food and drugs.



1940s
In the 1940s, the first food safety laws were passed. The Pure Food and Drug Act of 1890 was the first federal law to regulate food and drugs. It was passed in response to concerns about the safety of food and drugs.



1950s
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1960s
In the 1960s, the first food safety laws were passed. The Pure Food and Drug Act of 1890 was the first federal law to regulate food and drugs. It was passed in response to concerns about the safety of food and drugs.



1970s
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1000



1980s
In the 1980s, the first food safety laws were passed. The Pure Food and Drug Act of 1890 was the first federal law to regulate food and drugs. It was passed in response to concerns about the safety of food and drugs.

Sports and Games



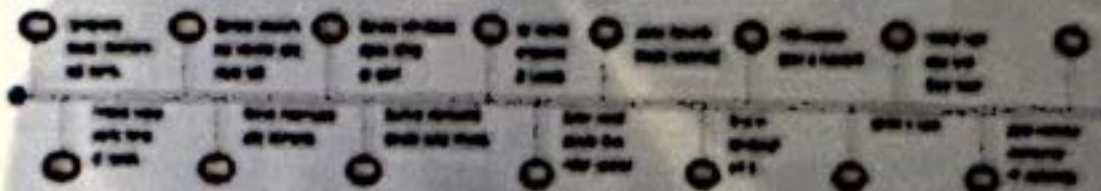
At the 1996 Atlanta Olympic Games, the U.S. women's basketball team won the gold medal, defeating the Russian team in the final game.

The 1996 Atlanta Olympic Games were held from July 19 to August 4, 1996, in Atlanta, Georgia.



The 1996 Atlanta Olympic Games were the first to be held in the United States since the 1960 Summer Olympics in Rome.

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2000

Communication



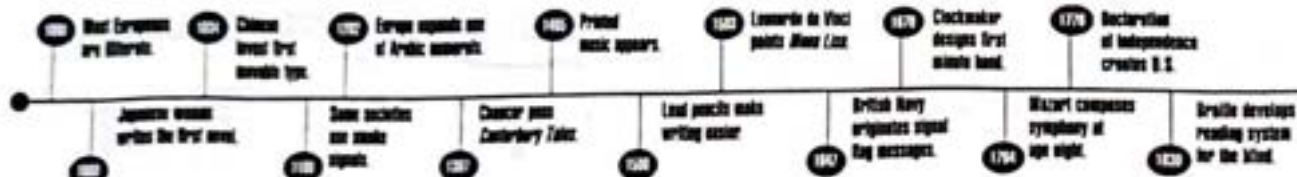
1500 Sign language is a means of communication for some early cultures. It bridges language differences between societies and eventually evolves into a formal alphabet for communication by the hearing impaired.

1599 William Shakespeare's "Romeo and Juliet" is first performed. London's Globe Theater opens in 1599, where many of his plays are staged. By 1600, the great playwright pens at least 20 plays.

1469 Johann Gutenberg invents a way to mass-produce the written word. He devises the first Western movable-type system and a new kind of printing press. Gutenberg's inventions speed the spread of knowledge and literacy.



1000 Literacy is reserved for the clergy and a few students. Monks and scribes laboriously copy books by hand using goose-quill pens. Books are such rare treasures that in some libraries they are chained to the shelf.



1710 The first regularly printed newspaper is a four-page weekly publication, the Aistion, printed in Germany. It is 1710 before the first daily newspaper appears, The Daily Courant of London.



1825 Frenchman Nicéphore Niépce creates the first permanent photograph. His partner, Louis Daguerre, carries Niépce's work further by inventing a process of capturing images on metal plates.

1851 Instant long distance communication is possible. Samuel Morse invents the telegraph and a dot dash code to carry messages over a wire. In 1851, Hiram Sibley founds Western Union Telegraph Company.



1860 American Christopher Sholes invents the typewriter. To keep rapid typists from jamming the keys, Sholes designs the keyboard so that frequently combined letters are located far apart. This layout lasts into the computer age.



1776 One if by land, two if by sea. Lanterns signal the advance of British troops, and Paul Revere rides to warn American colonists of the attack. His famous ride also signals the beginning of the American Revolution.

11000



1890 Austria introduces the first postcards. For only pennies, postcards keep people in touch before telephones are common. Calling cards, commercial valentines and other printed personal greetings are popular customs.

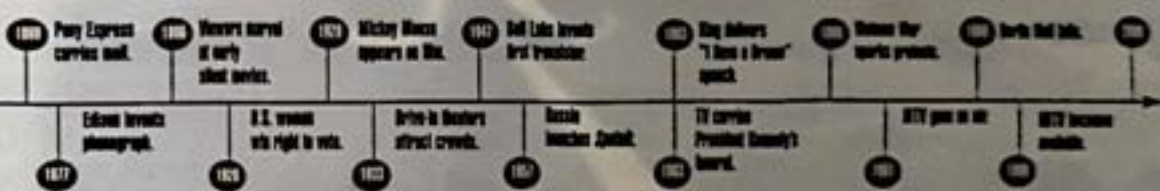


1876 Alexander Graham Bell patents the telephone. By the end of the millennium, missing a phone call is almost impossible as answering machines take instant messages. Cell phones, beepers and voice mail expand communication options.

1906 Guglielmo Marconi creates the radio, providing a way for sound to travel long distances without the use of wires. During the 1920s and 1930s, radio is the primary source of news and family entertainment for most Americans.



1879 Inventor Thomas Edison patents a practical electric light bulb. Electric lights have a profound effect on society, increasing opportunities for reading, writing, socializing and working.



1929 Movie making experiences a "golden age" in the late 1930s and early 1940s. In 1939, *Gone With the Wind* and *The Wizard of Oz* premiere. *Citizen Kane* follows in 1941, and *Casablanca* in 1942. Studio giants are MGM, Paramount, RKO and Warner Brothers.



1980 Personal computers become available to the mass market, thus paving the way for desktop publishing. By 1990, laptop notebook computers allow people to compute from almost anywhere.



1926 Television is invented in 1926, and regular network TV broadcasts begin after World War II. One of TV's most popular shows is CBS's "I Love Lucy," premiering in 1951. Television transforms almost every aspect of life in the twentieth century.

1956 Elvis Presley's unique blend of blues, country, rock and gospel draws adoring fans and makes him "the King" of rock and roll. In 1956, his debut album becomes the first in history to sell a million copies.



2000

1990 Millions of people worldwide cruise the Information Highway via the Internet, and instantaneous e-mail communication becomes common. As the millennium ends, computer, TV, video and telephone technologies begin to converge.

Fashion



1100 Medieval knights wear a short wool tunic and a coat of chain mail. Gauntlets (heavy leather gloves) and sword complete the attire, which is so costly only wealthy men can afford to be knights.

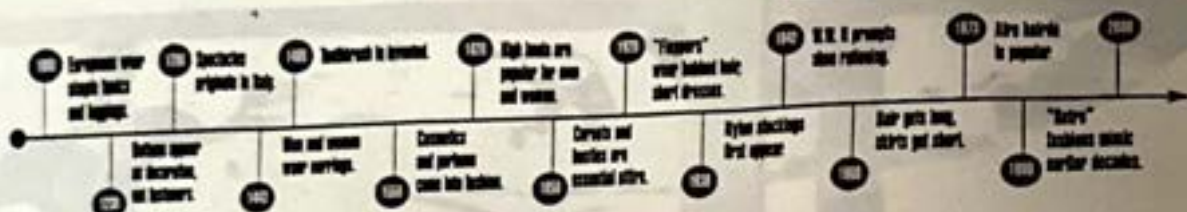


1270 Crusaders return from the Middle East with new ideas, including that of the glass mirror. In 1270, the glass mirror is produced in Venice, Italy, and Europeans see themselves clearly for the first time.



1300 Medieval men's shoes have long, pointed toes. Individuals of higher social status are allowed to have longer points on their shoes, some as long as 18 inches. Moss stuffed into the toe maintains its shape.

1550 Queen Elizabeth is the fashion trendsetter, popularizing the wide skirt, jeweled wig, high bald forehead, and decorative ruff around the neck. She is rumored to have 3,000 dresses.



1600 Men and women wear elaborate powdered wigs made of human hair, horsehair and goat hair. Because the large wigs are heavy and hot, some people shave their heads and wear a cloth cap under the wig to absorb perspiration.



1850 Young Levi Strauss comes to America in the 1850s and makes riveted canvas work pants for California gold miners. When he switches from canvas to blue denim, Strauss unknowingly creates one of America's greatest contributions to fashion.



1960 With flowers in their hair and everywhere, hippies express their philosophy of world peace and love. Hippies favor bell bottom jeans, granny dresses, bare feet, long hair, beads, headbands and bright colors.



1850 The Industrial Revolution brings mass-produced textiles, standard clothing sizes and the first ready-to-wear garments. In 1851, Isaac Singer invents the home-use sewing machine.



1956 Indoor malls are popular with teens not only for shopping, but also for socializing. The first enclosed mall is built in 1956. In 1992, the Mall of America, the largest mall in the U.S., opens in Minnesota.

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